

# The Neuroscience of Learning

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How do we learn?

**FEEDBACK**

# Definition: Learning

Changes in internal processes that are reflected by relatively stable changes in performance.

# Inherent versus Augmented Feedback

**TABLE 12.1. Dimensions of Augmented Feedback**

<b>Concurrent:</b> Presented during the movement	<b>Terminal:</b> Presented after the movement
<b>Immediate:</b> Presented immediately after the relevant action	<b>Delayed:</b> Delayed in time after the relevant action
<b>Verbal:</b> Presented in a form that is spoken or capable of being spoken	<b>Nonverbal:</b> Presented in a form that is not capable of being spoken
<b>Accumulated:</b> Feedback that represents an accumulation of past performance	<b>Distinct:</b> Feedback that represents each performance separately

# Knowledge of Results versus Knowledge of Performance

# Comparison of KR and KP

## Knowledge of Results

## Knowledge of Performance

### Similarities

Verbal  
Extrinsic  
Post-response

### Differences

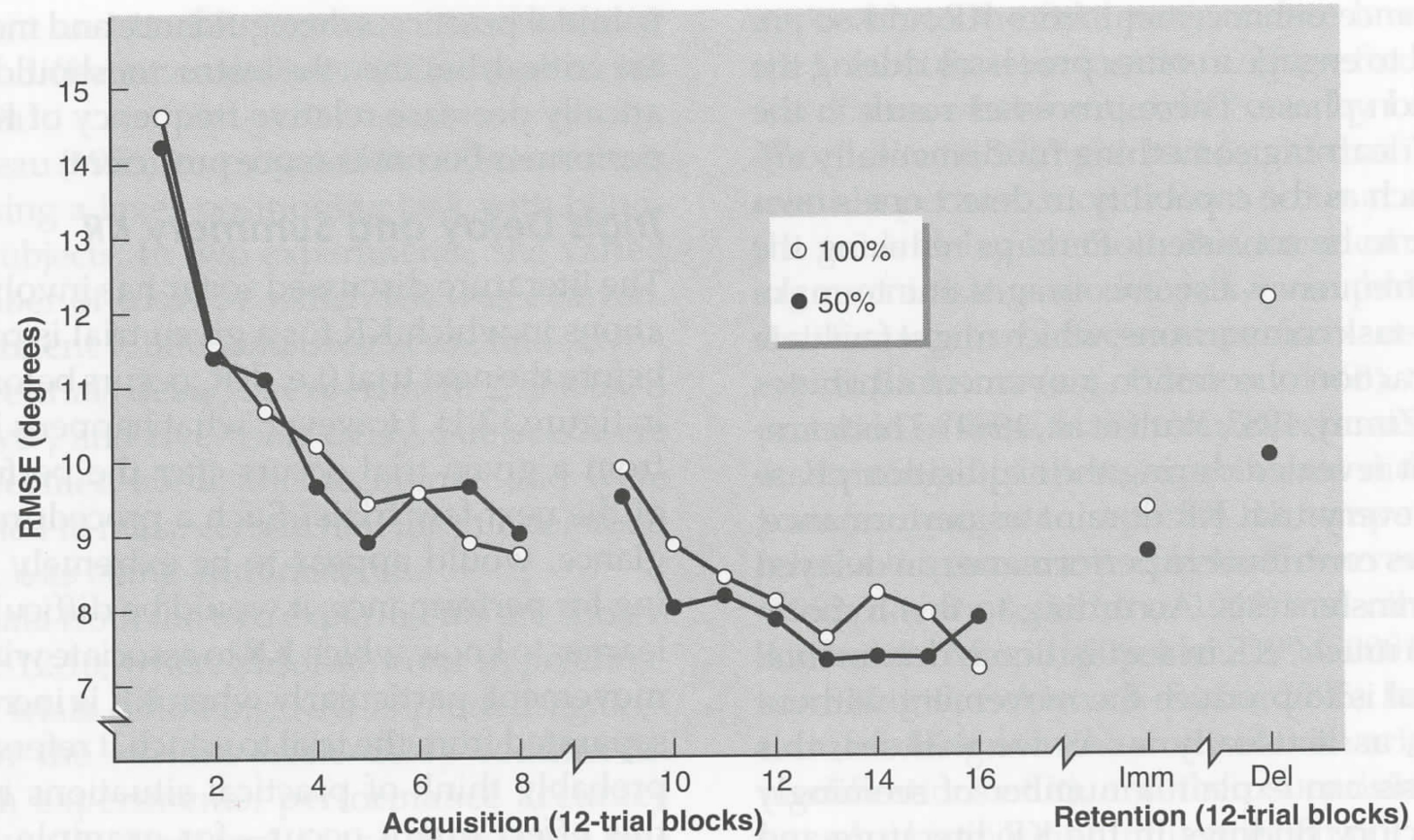
Outcome

Redundant with inherent  
feedback

Information about outcome  
pattern / quality

Distinct from inherent  
feedback

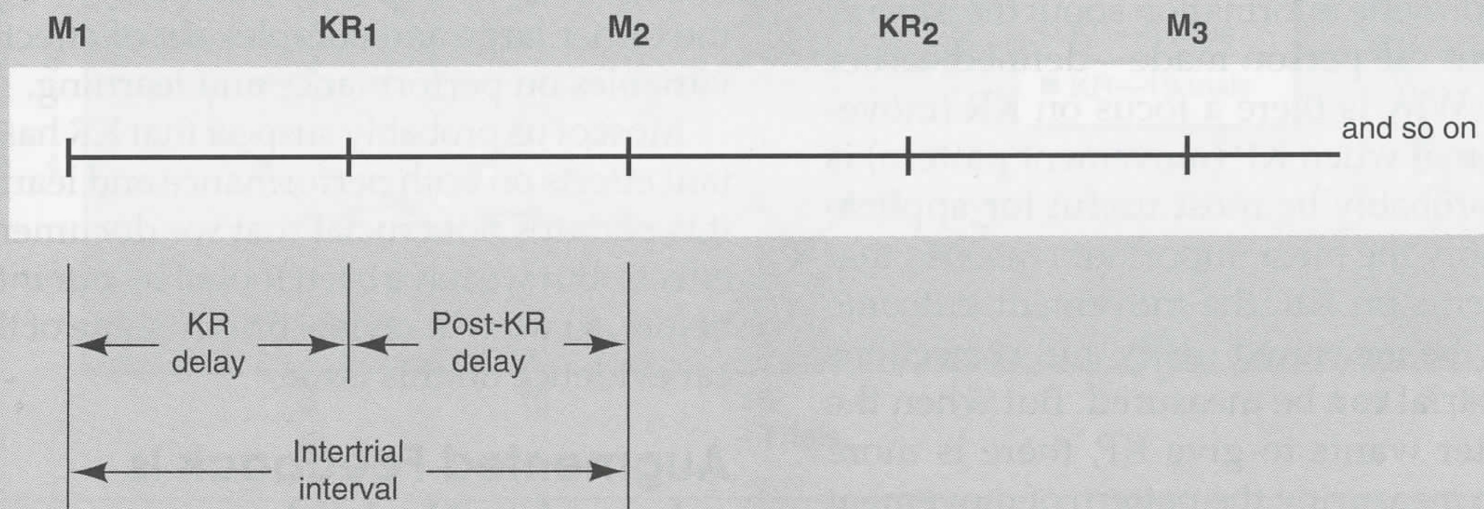
# Feedback Frequency



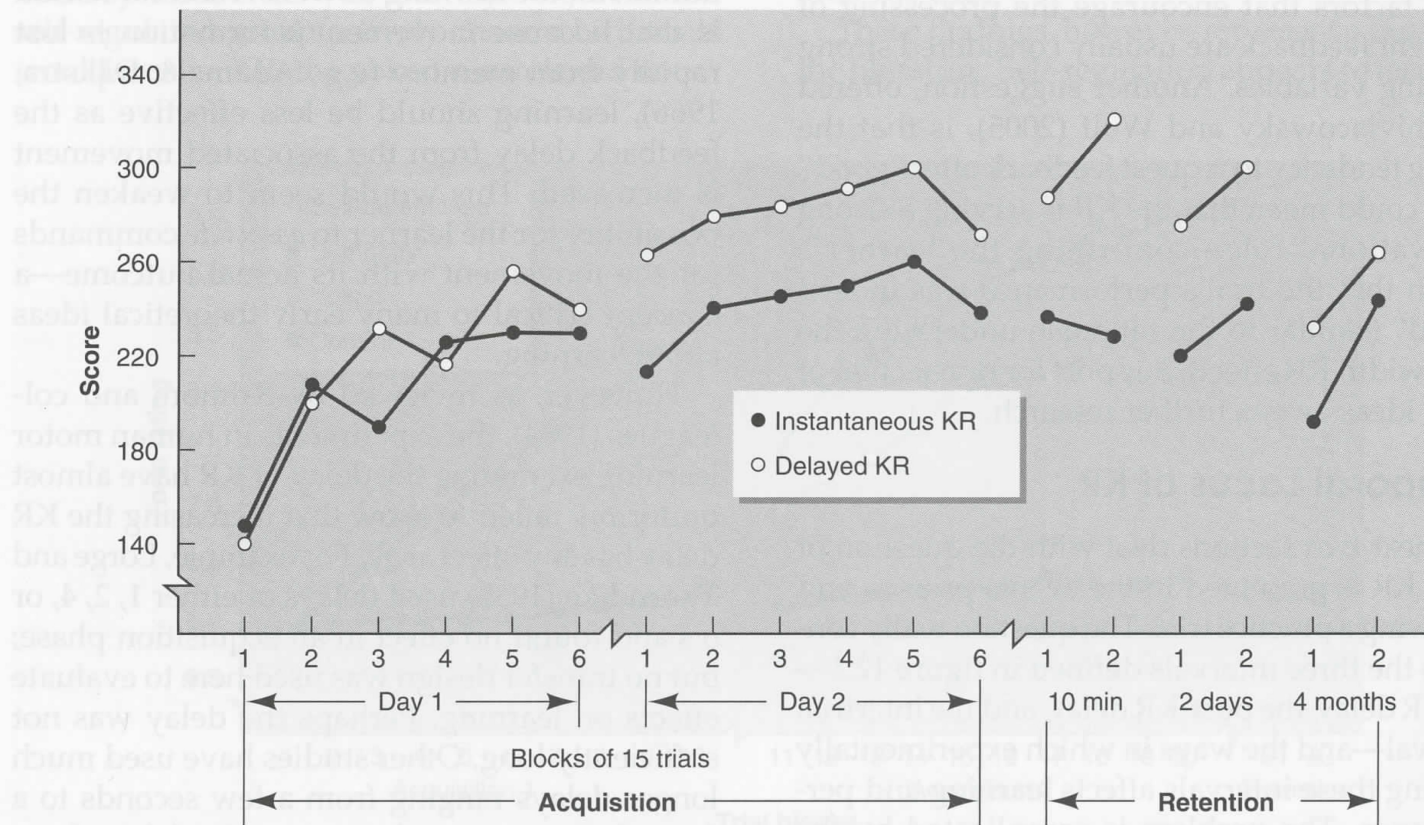
**FIGURE 12.8** Effects of 100% versus 50% relative frequency of knowledge of results (KR) in acquisition and retention.

Reprinted, by permission, from C.J. Winstein and R.A. Schmidt, 1990, "Reduced frequency of knowledge of results enhances motor skill learning," *Journal of Experimental Psychology: Learning, Memory, and Cognition* 16; 910. Copyright © 1990 by the American Psychological Association.

# Feedback Timing



**FIGURE 12.1** Temporal placement of events in the knowledge-of-results (KR) paradigm.  $M_1$  refers to movement trial 1.  $KR_1$  refers to the augmented feedback provided about results of movement trial 1.



**FIGURE 12.15** Performance scores of instantaneous- and delayed-KR (knowledge of results) conditions in acquisition and retention.

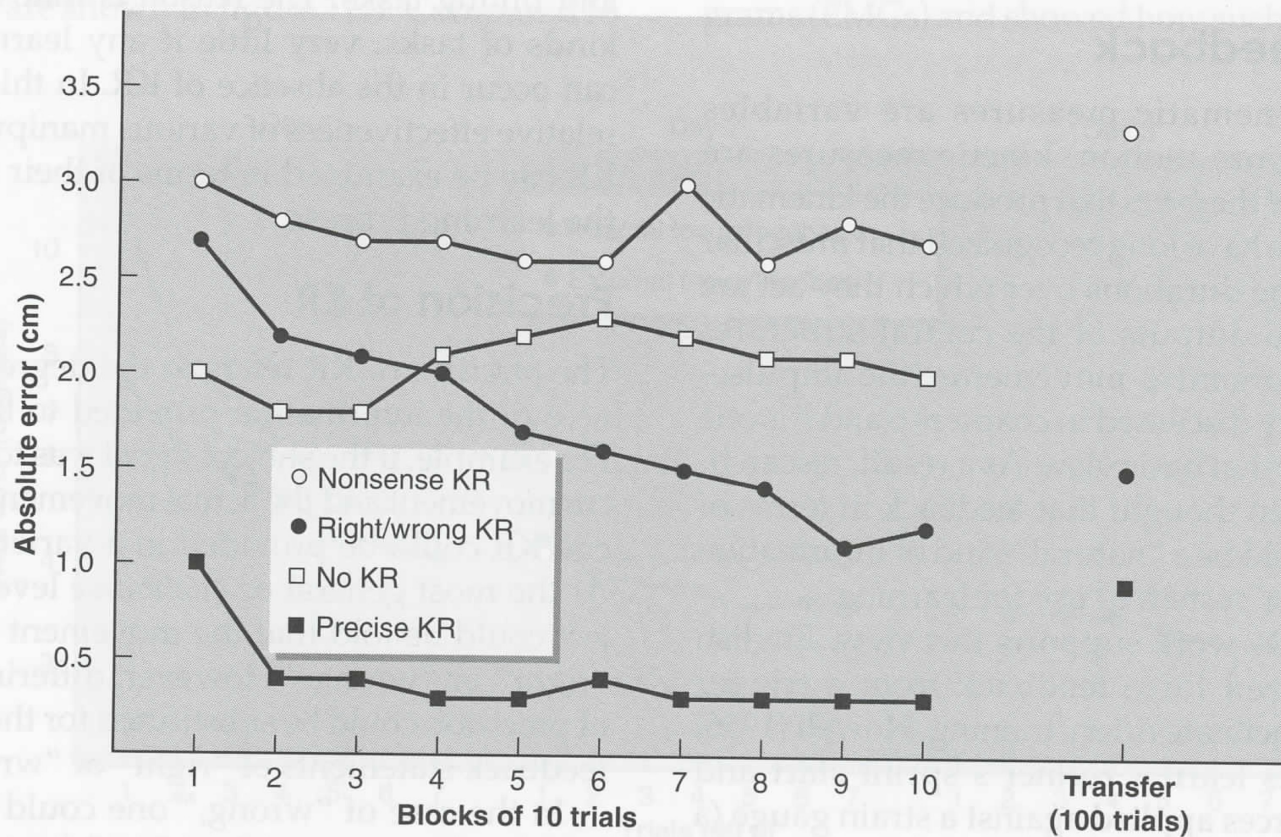
Reprinted, by permission, from S.P. Swinnen et al., 1990, "Information feedback for skill acquisition: instantaneous knowledge of results degrades learning," *Journal of Experimental Psychology: Learning, Memory, and Cognition* 16: 712. Copyright © 1990 by the American Psychological Association.

## Post-KR Delay Interval

Learner is actively modifying and creating new movement in this interval

1. Shortening post-KR interval may impair learning
2. Shea & Upton (1976)  
Activity during KR/KP interferes with learning of the task

What sort of feedback can you  
provide?

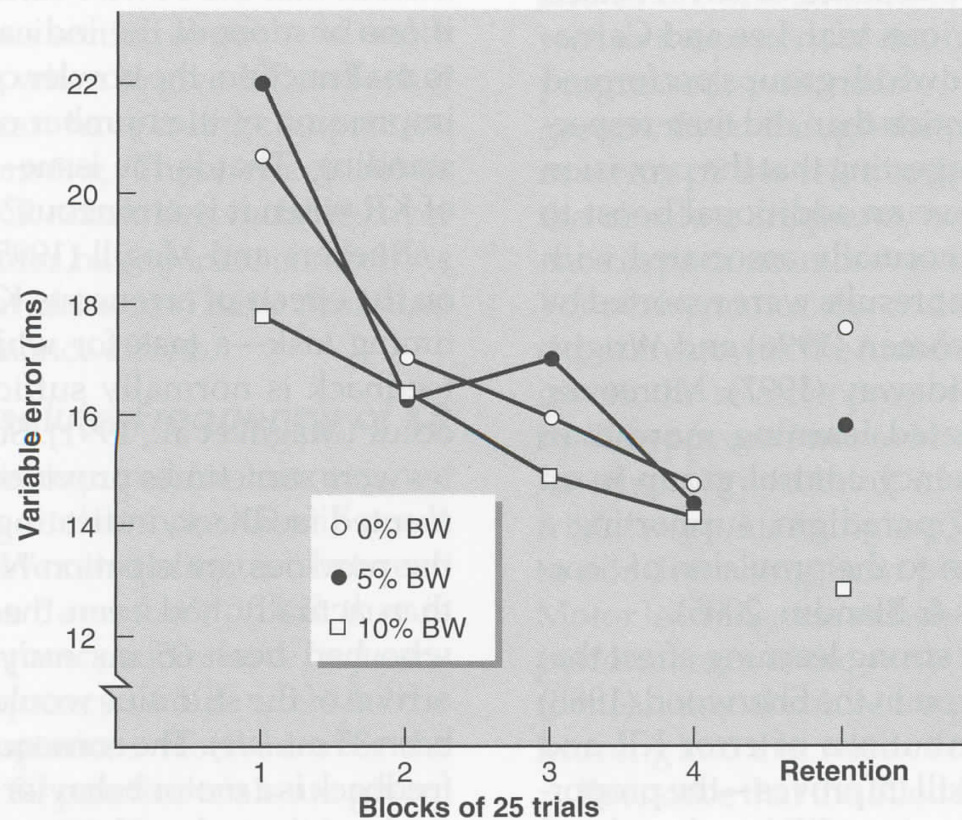


**FIGURE 12.5** Qualitative and quantitative knowledge of results (KR) effects in acquisition and transfer. The No-KR group did not perform the transfer rest.

Data from Trowbridge and Cason 1932.

## Techniques to Reduce Feedback Frequency

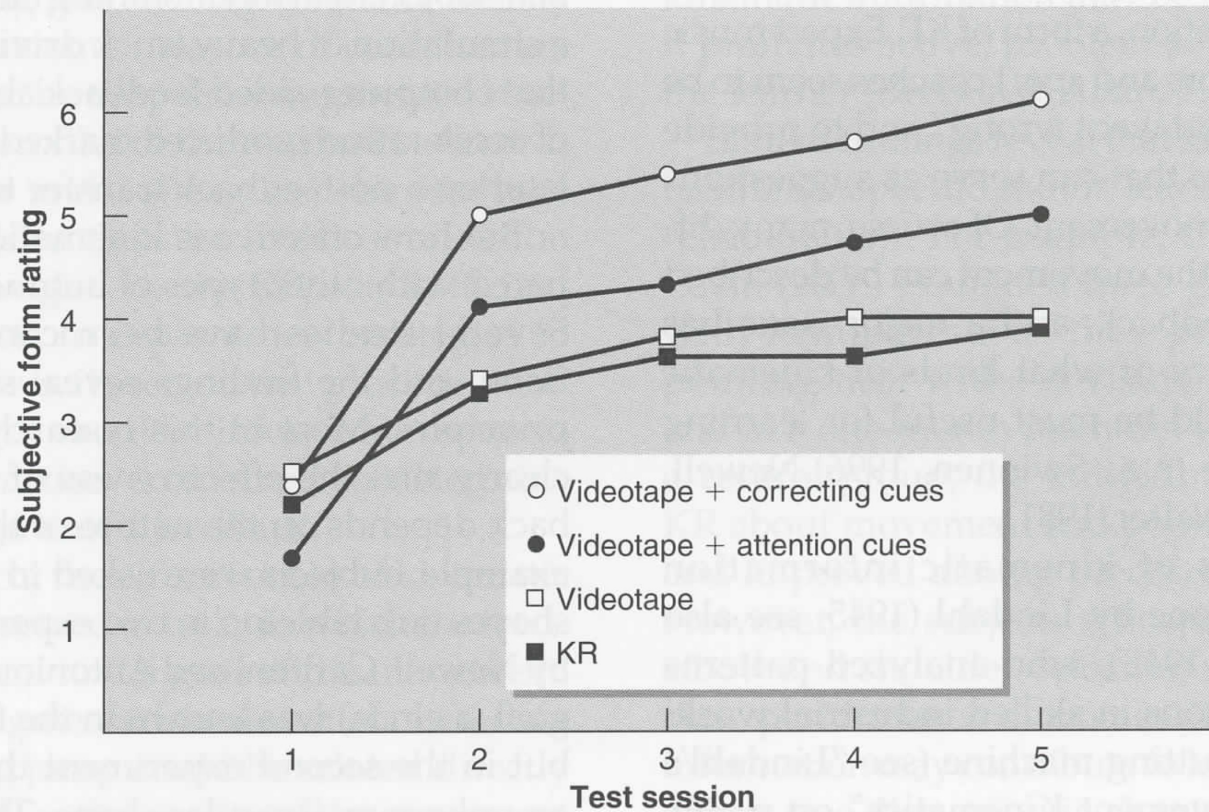
1. Bandwidth Feedback
2. Self-Selected Frequency
3. Summary Feedback



**FIGURE 12.6** Bandwidth knowledge-of-results (KR) effects in acquisition and retention.

Reproduced and adapted from Table 1 and 2 with permission of author and publisher from: Sherwood, D.E. Effect of bandwidth knowledge of results on movement consistency. *Perceptual and Motor Skills*, 1988, 66, 535-542. © Perceptual and Motor Skills 1988.

Video Feedback



**FIGURE 12.3** Throwing performance under various conditions of videotape replays.

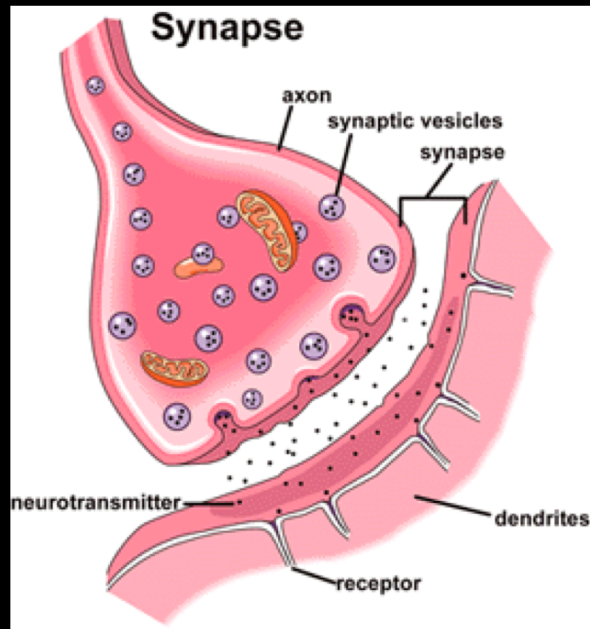
Data from Kernodle and Carlton 1992.

How does feedback work?

You do not learn from your mistakes...

You learn when expectancies deviate from  
outcomes

We learn from...



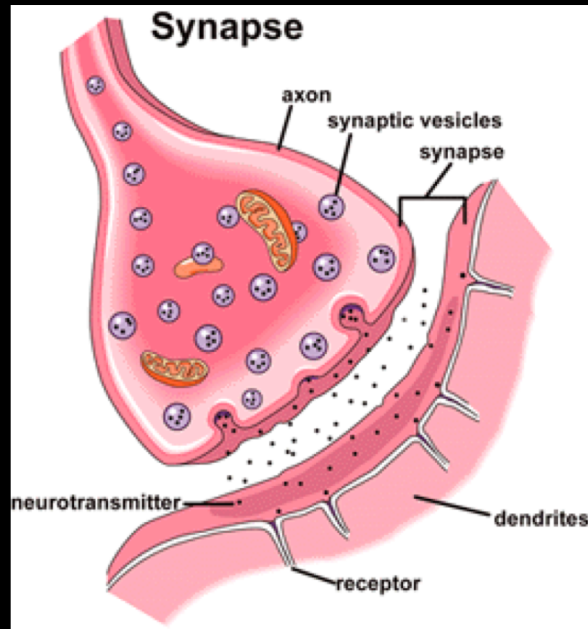
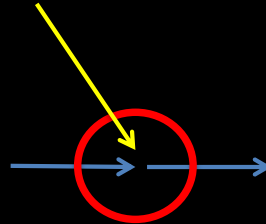
REPETITION



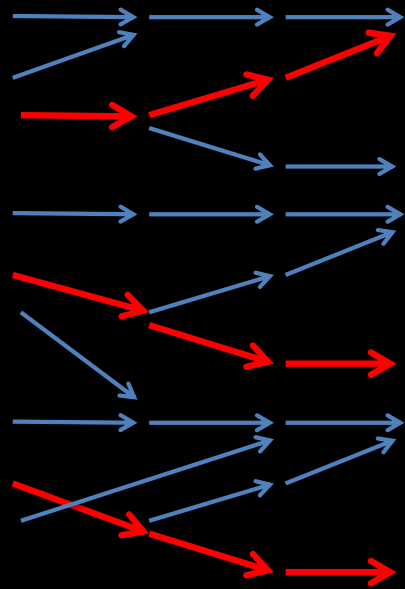
In practice, we talk about the strength of a connection in terms of a “weight” or a “value”.

But we also learn from...



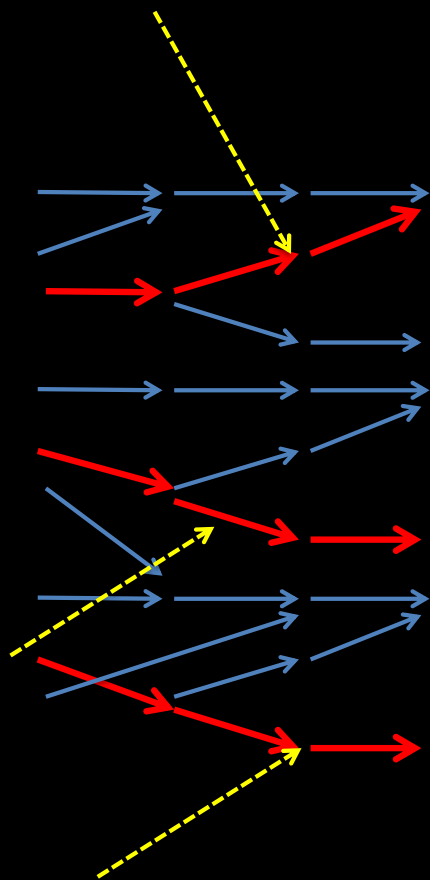


REPETITION  
But what does feedback do?



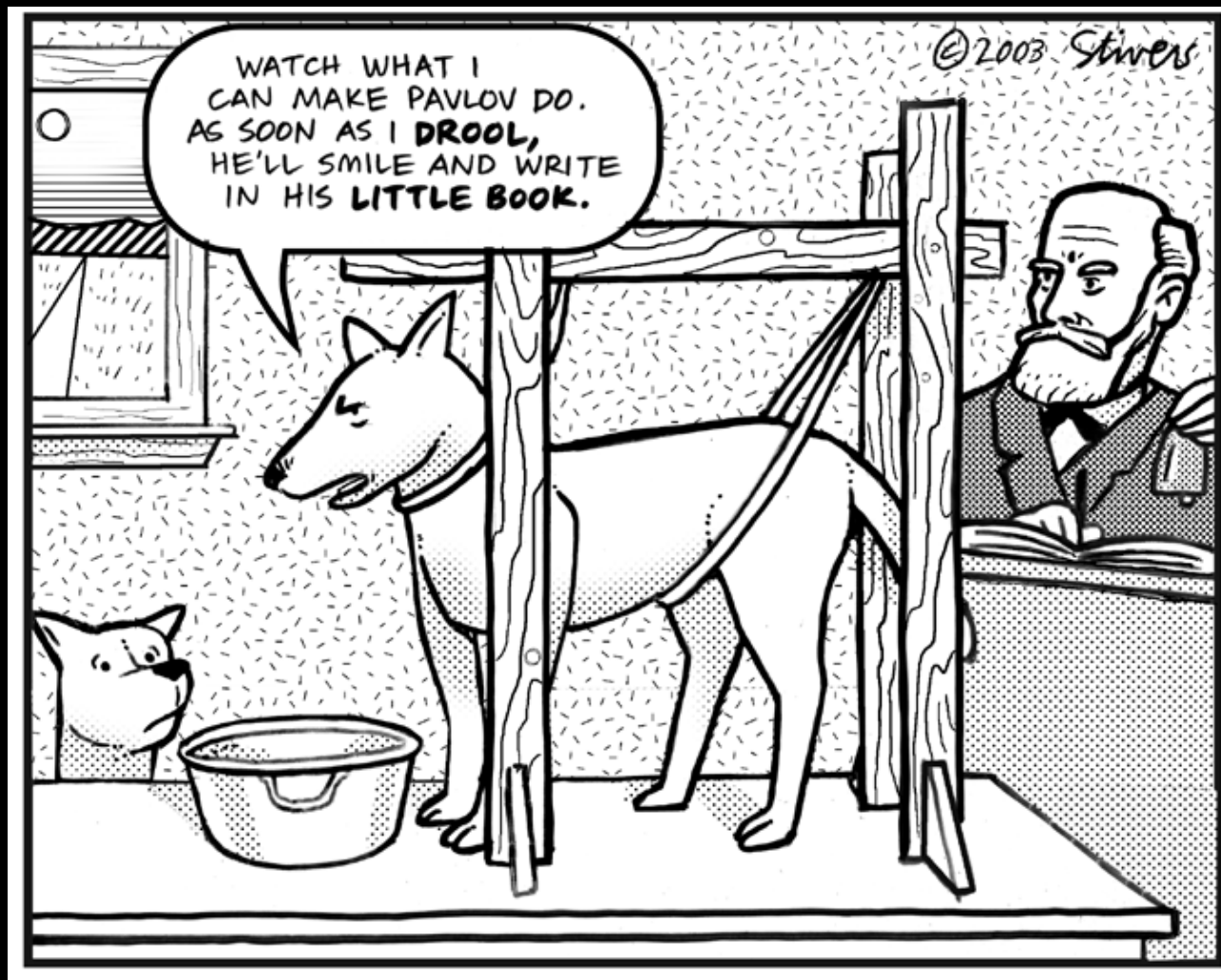
Hebbian Learning

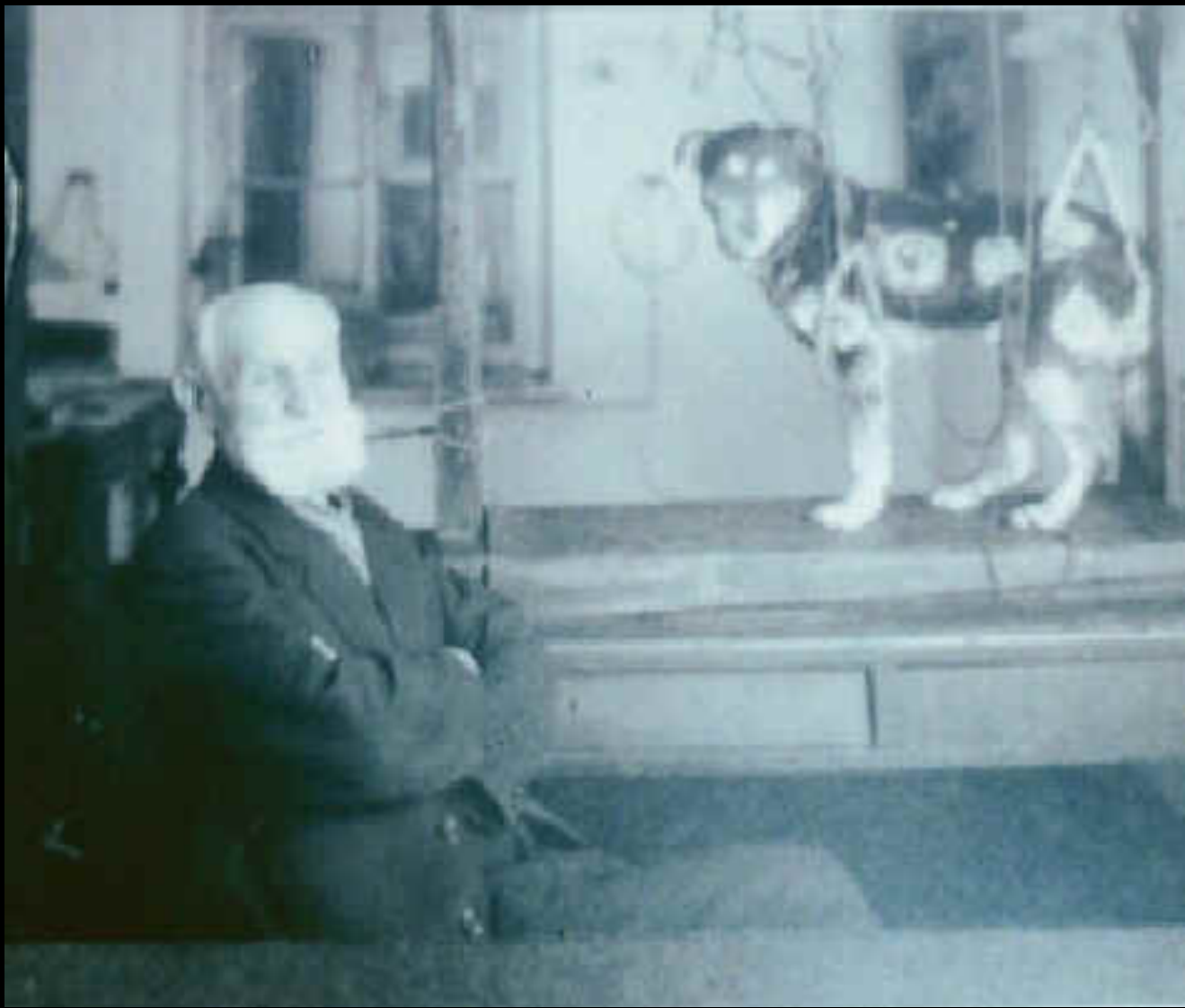




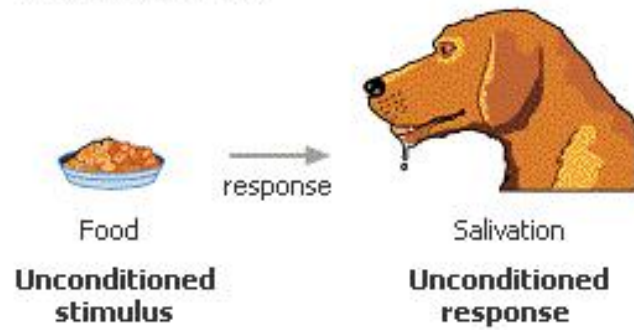
Hebbian Learning &  
Reinforcement Learning



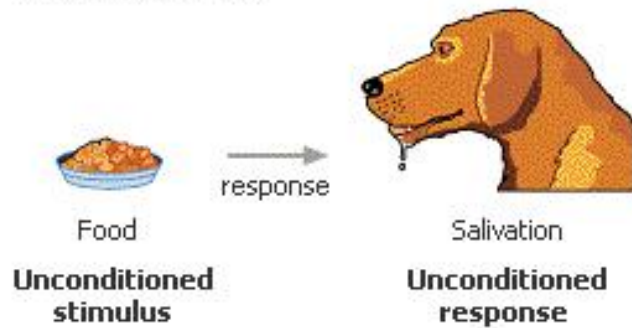




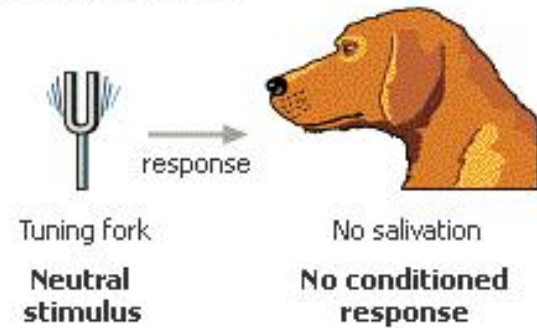
1. Before conditioning



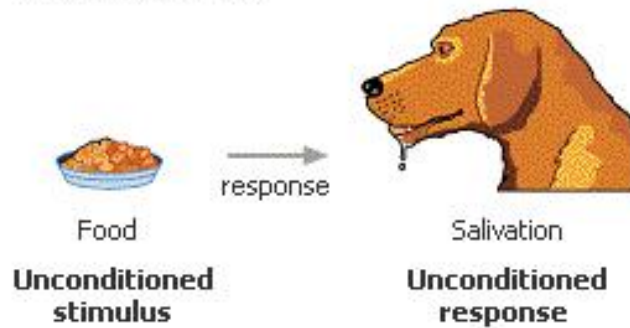
1. Before conditioning



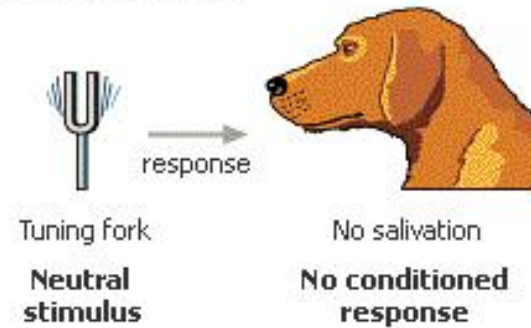
2. Before conditioning



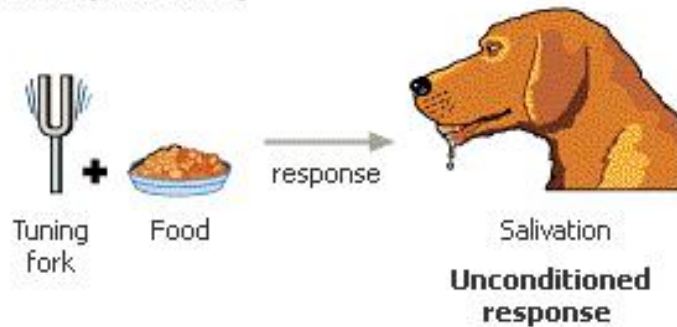
1. Before conditioning



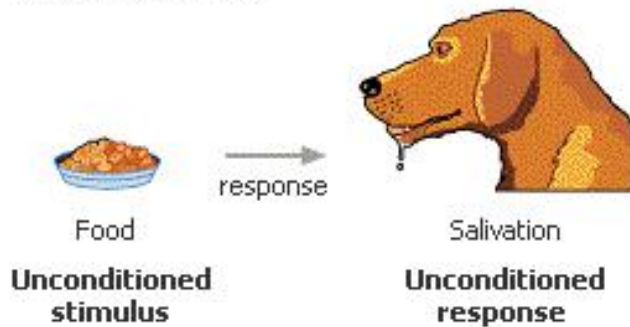
2. Before conditioning



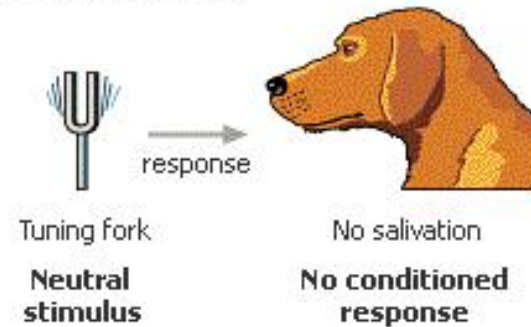
3. During conditioning



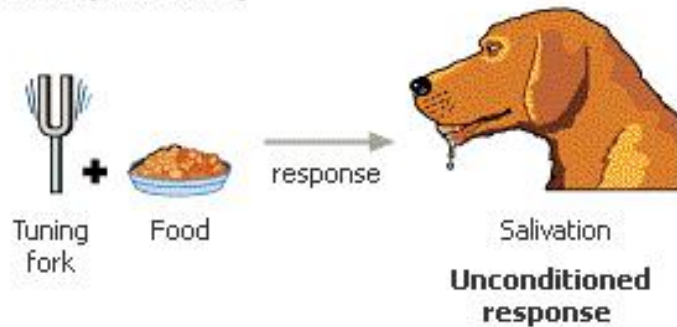
1. Before conditioning



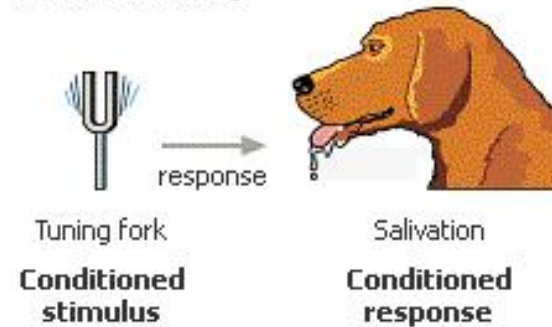
2. Before conditioning



3. During conditioning



4. After conditioning



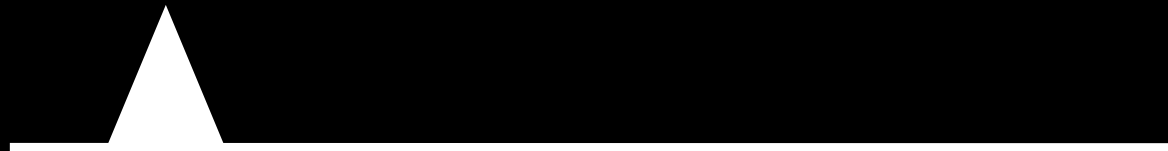
Rescorla - Wagner

Expectancy



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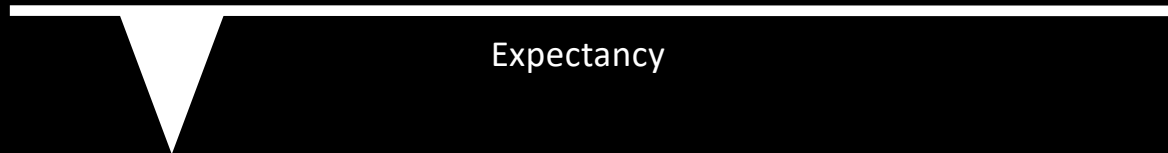
Expectancy



Expectancy



Expectancy



Expectancy

# Prediction Error

When the an outcome is different  
from an expectation

Value

$V_{\text{reward}}$



$V_{\text{punishment}}$



$V_{\text{tone}}$



## Prediction Error

The difference in VALUE between  
the expectation and the outcome

$$PE = (V_{\text{reward}} - V_{\text{cue}})$$

$$PE = (V_{\text{outcome}} - V_{\text{expectation}})$$

Learning IS ALWAYS a two step process.

At each point in time we:

- 1) Calculate a prediction error
- 2) Update the previous value

$$V_{\text{cue new}} = V_{\text{cue old}} + PE$$



$$V_{\text{tone}} = 0$$

$$V_{\text{reward}} = 100$$

$$PE = (100 - 0)$$

$$PE = 100$$

$$V_{\text{cue new}} = V_{\text{cue old}} + \text{PE}$$

$$V_{\text{cue new}} = 0 + 100$$



$$V_{\text{tone}} = 100$$

$$V_{\text{reward}} = 100$$

$$PE = (100 - 100)$$

$$PE = 0$$

$$V_{\text{cue new}} = V_{\text{cue old}} + PE$$

$$V_{\text{cue new}} = 100 + 0$$

# Learning Rates

$$V_{\text{cue new}} = V_{\text{cue old}} + \text{PE} * \text{LR}$$

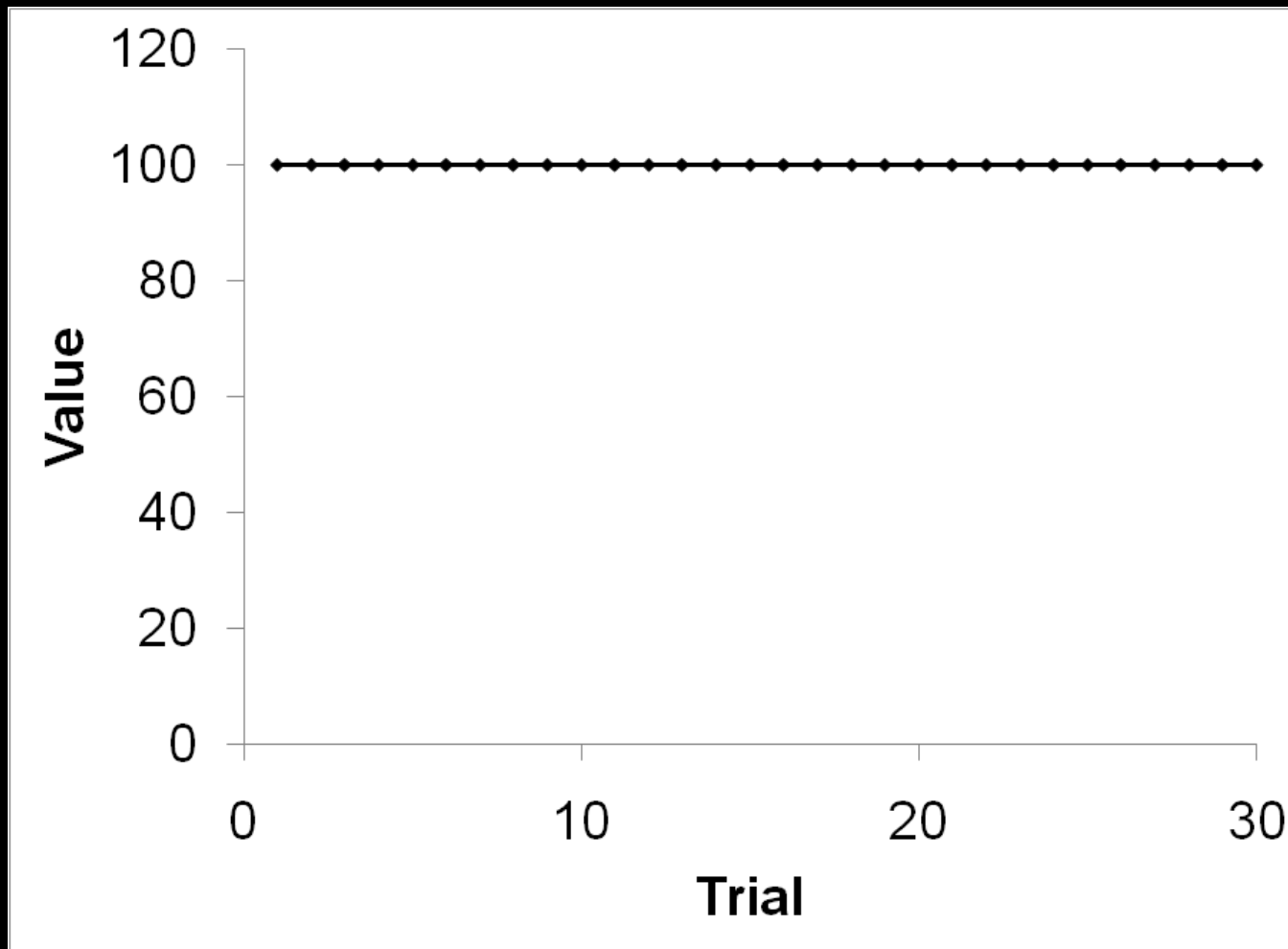
$$V_{\text{cue new}} = 0 + 100 * 0.2$$

$$V_{\text{cue new}} = 0 + 20$$

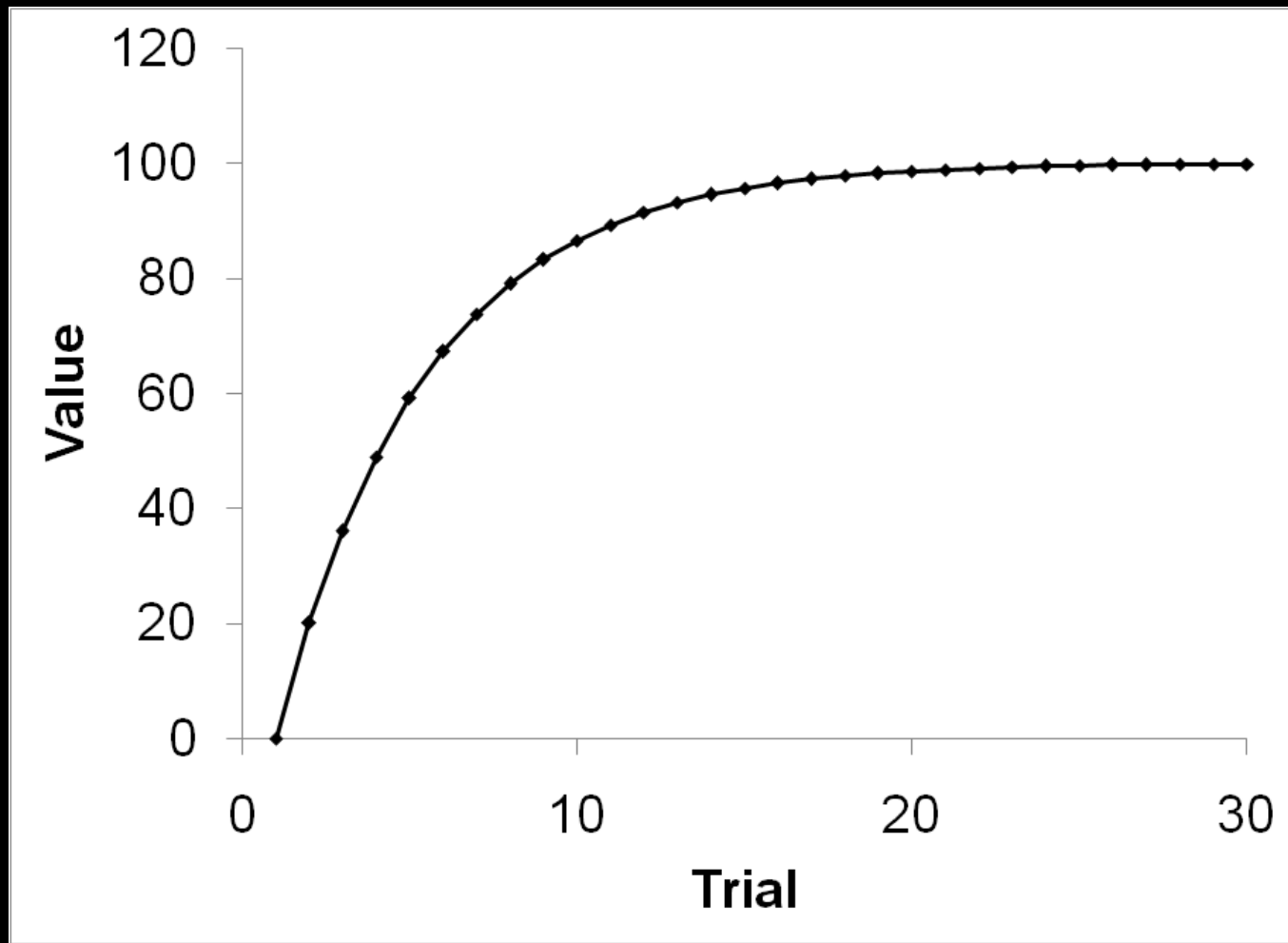
**LR = 0.2**

Trial	$V_{\text{cue}}$	$V_{\text{reward}}$	PE	PE x LR
1	0	100	100	20
2	20	100	80	16
3	36	100	64	12.8
4	48.8	100	51.2	10.24
5	59.04	100	40.96	8.192

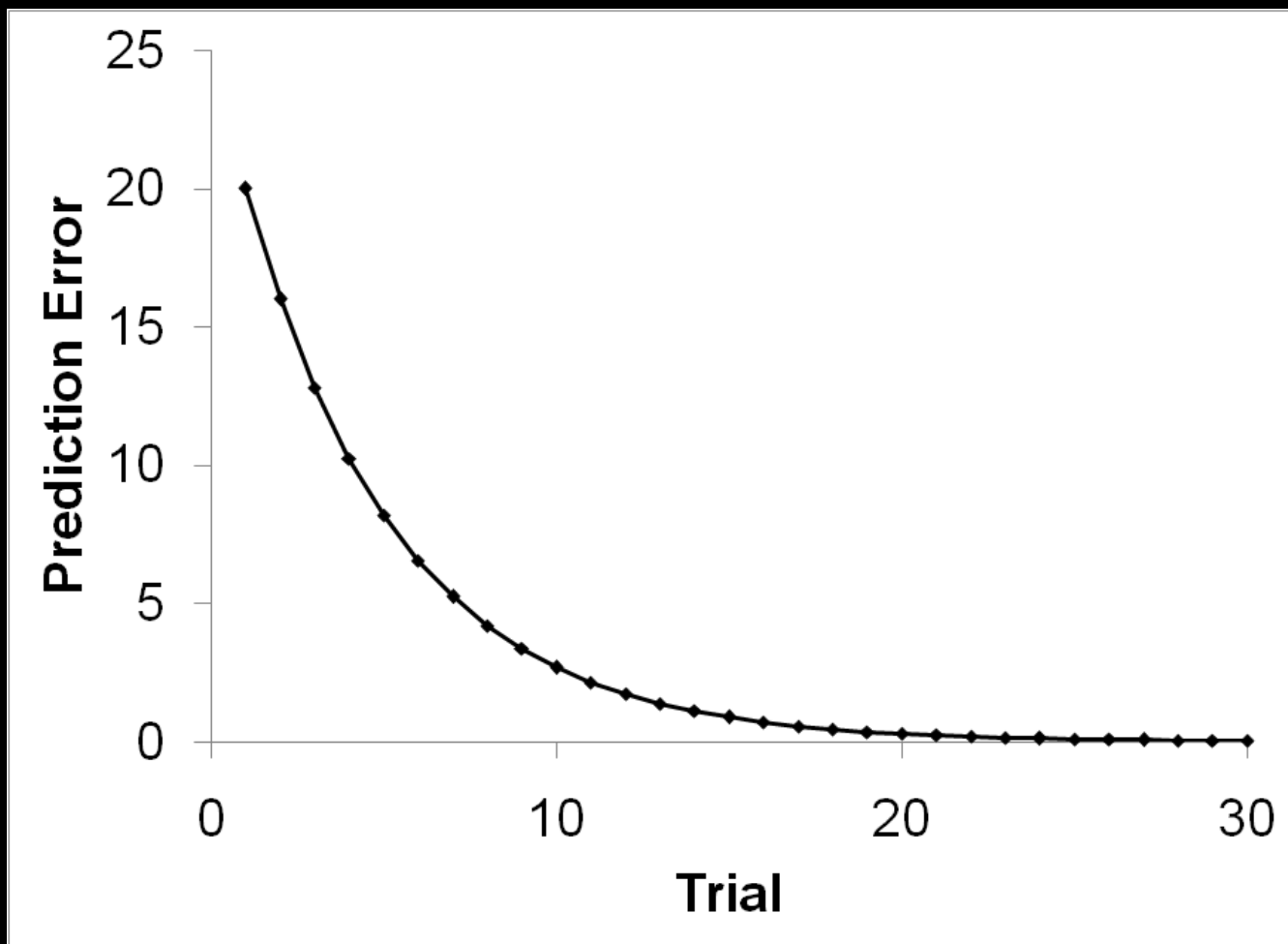
$V_{\text{reward}}$



$V_{cue}$



# Prediction Error x Learning Rate



# This applies to what is learned!

Recall that a memory is a collection of neurons being activated.

PE's can be used in principle to strengthen the connections between these neurons to “learn” the correct pattern.









$$PE = V_{\text{outcome}} - V_{\text{action}}$$

$$PE = +$$

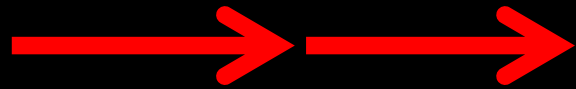




$$V_{\text{action}} = V_{\text{action}} + \text{PE} * \text{LR}$$

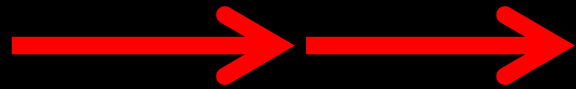
$V_{\text{action}} \uparrow$





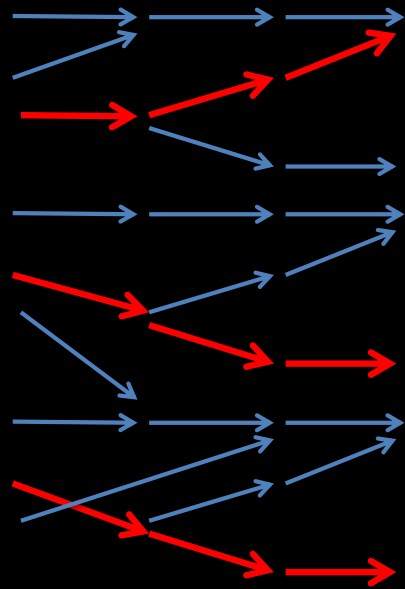
Thus, we choose/remember the top set of neurons because this choice  
has a higher VALUE





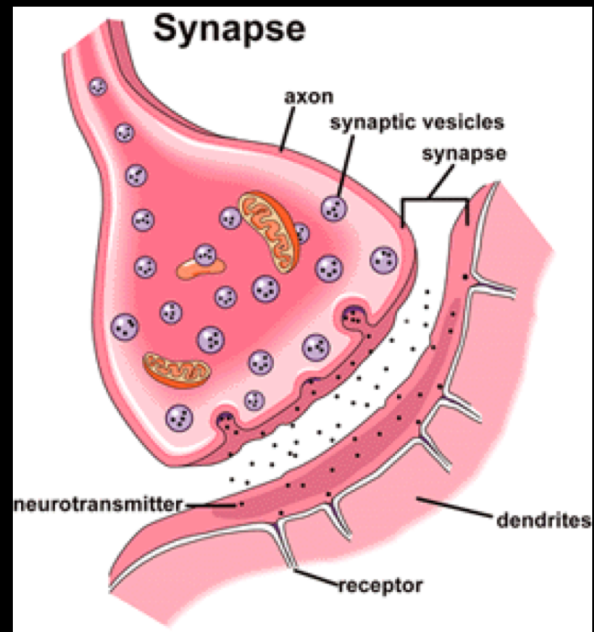
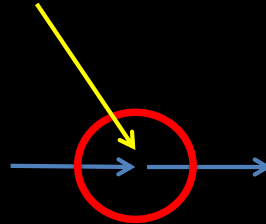
This is a basic principle of decision making – always choose  
the highest value option

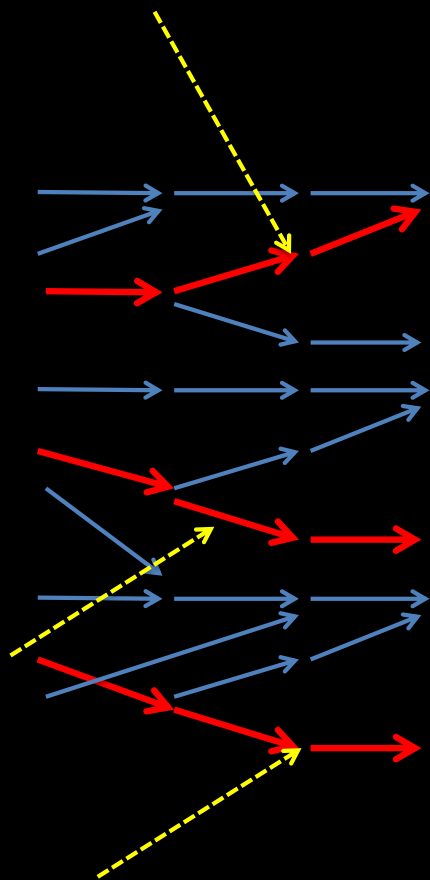




Hebbian Learning







Hebbian Learning &  
Reinforcement Learning



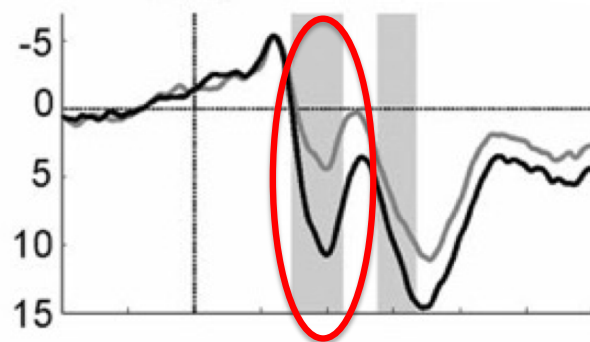
# Other Types of Learning

# Observational Learning

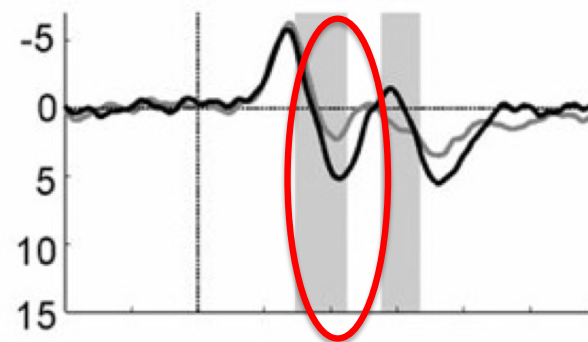
# What is observational learning?

- learning that occurs when we watch someone else perform a skill

Reinforcement Learning

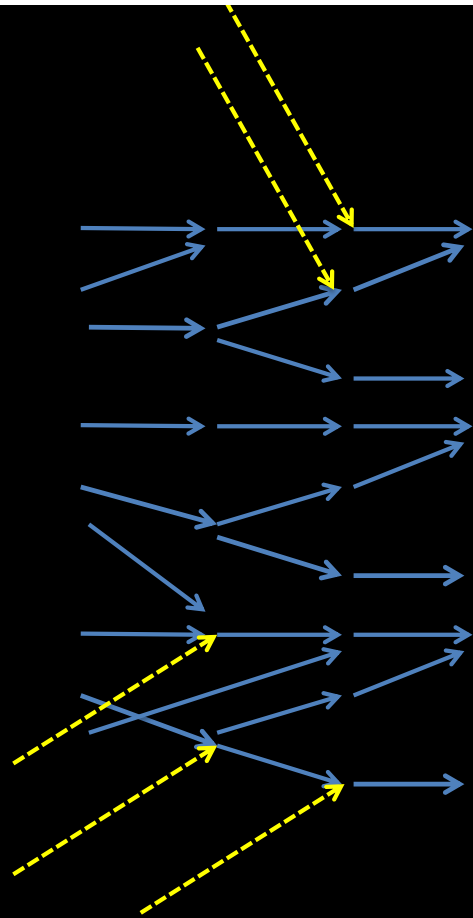


Observational Learning



# Observational Learning

- same system as reinforcement learning
- not as active as for third person learning



Observational Learning



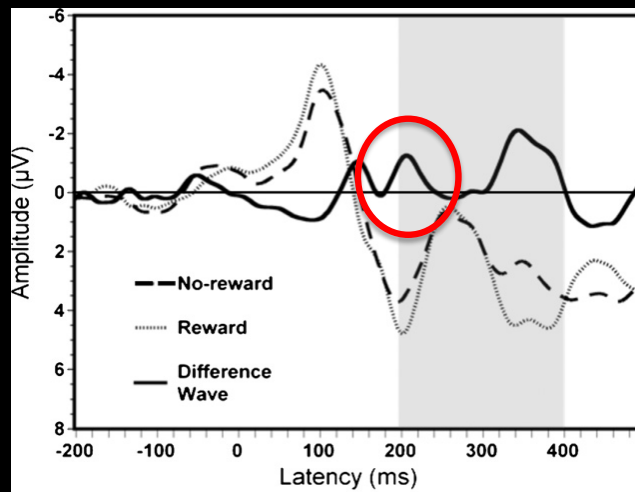
# Supervised Learning

# What is supervised learning?

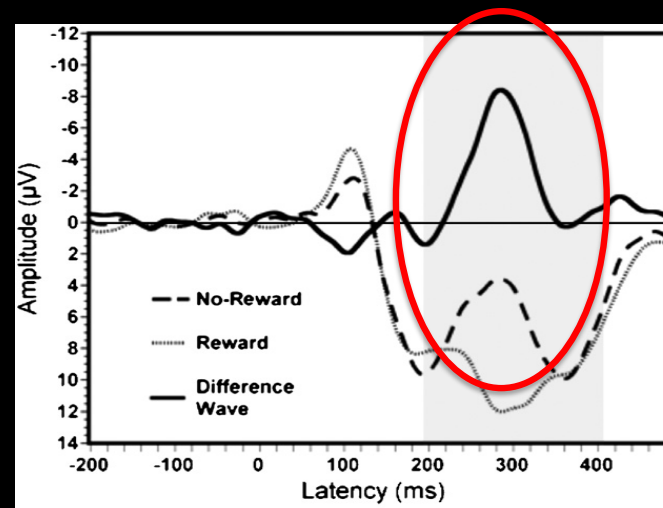
- in RL feedback is binary  
“right”, “wrong”
- In SL feedback is a vector  
“right, wrong” + what you did wrong

e.g., “Just tell me the answer / how to do it”

## Supervised Learning

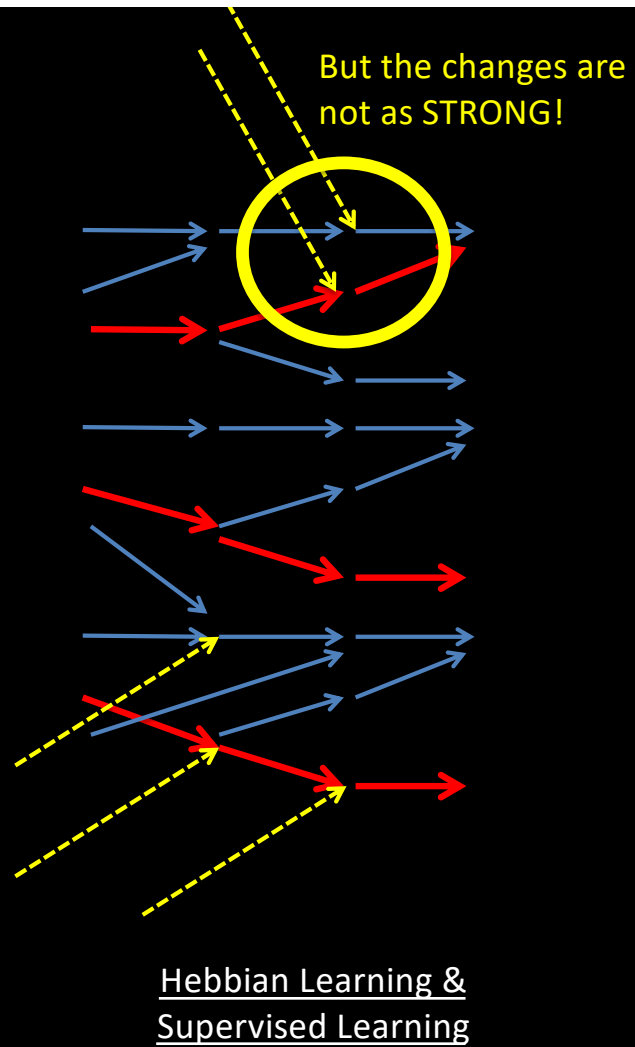


## Reinforcement Learning



# Supervised Learning

- the data suggests SL does not generate as large a dopaminergic response as RL
- i.e., less learning occurs on a trial to trial basis
- but, RL is a VERY slow process. in a learning environment would you have the time to use it by itself?



## So what is the answer?

- obviously, a combination of HL, RL, OL, and SL is needed.
- before you think that is an obvious statement, how often have you experienced true RL?
- how often has impatience led to more SL than RL?
- what about SOL vs OL – do you tell people what is wrong or prompt them to figure it out?