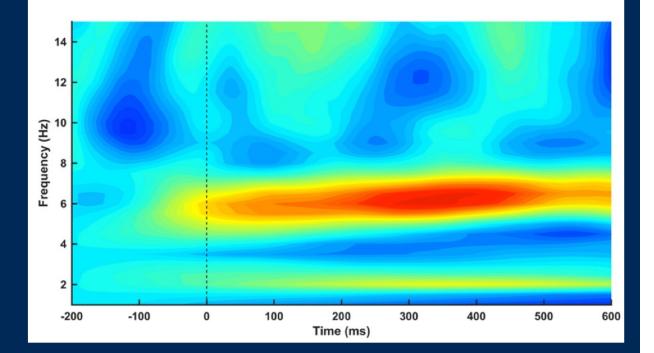
## Iowa State University EEG and ERP Workshop

#### Dr. Olav E. Krigolson

Associate Professor Neuroscience Associate Director Centre for Biomedical Research

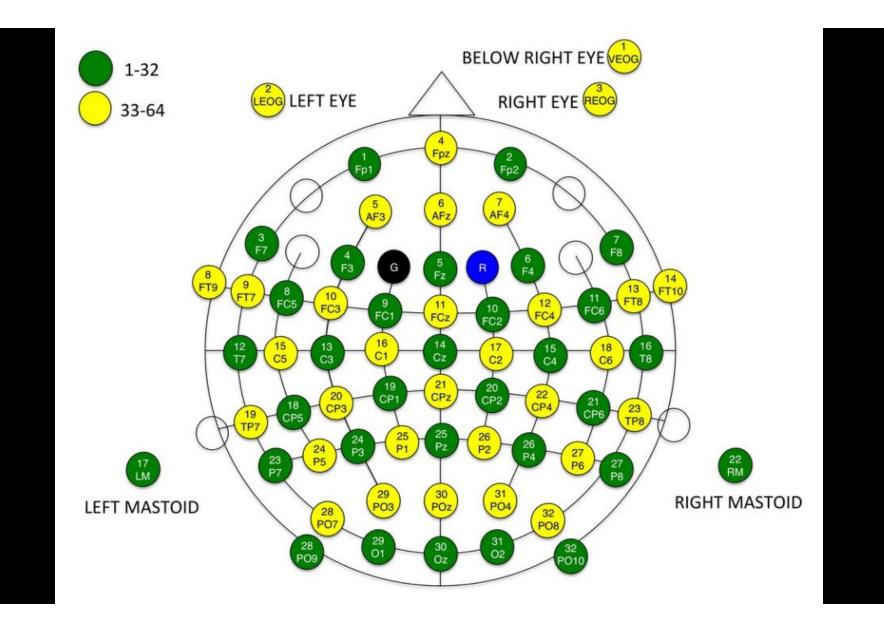
Email: krigolson@uvic.ca Web: www.krigolsonlab.com Twitter: @thatneurosciguy



## "CRAP IN = CRAP OUT"

#### **Before the Participant Arrives**

- clean electrodes
- dry electrodes
- equipment in place
- 2 RAs present
- experiment / markers tested
- choice of reference channels
- cap layout
- electrical noise



#### Setting Up

- accurate placement of skin electrodes
- proper sized cap
- cap properly in place
  - the side to side rule
  - the pencil trick
- the right amount of gel
  - avoid bridging

#### Setting Up

- cap movement during collection
- cap snugness
- ELECTRODE IMPEDENCES!
- checklists

#### During the Run

- monitor impedances
- monitor waveforms
- rest breaks make them take them!
- monitor behavior
- motivation!

#### <u>After the Run</u>

- clean the equipment properly
- review what went well / poorly
- RUN SHEETS
- look at the data right away and make notes based on the RUN SHEET
- review data quality immediately

#### <u>Design</u>

- Cog Assess
- Training Standards

## Setting up an EEG / ERP Lab

## The Space

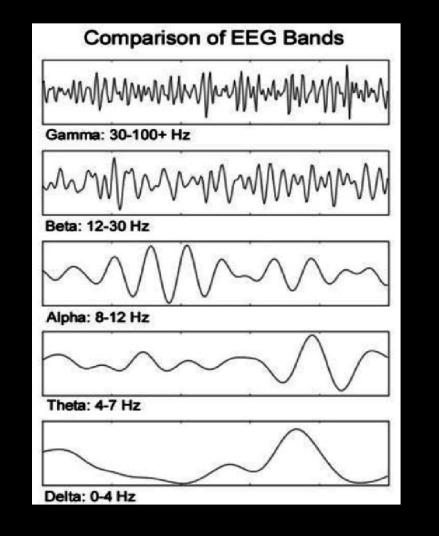
#### QUIET Control and Recording Room Electromagnetic Shielding

### What You Need

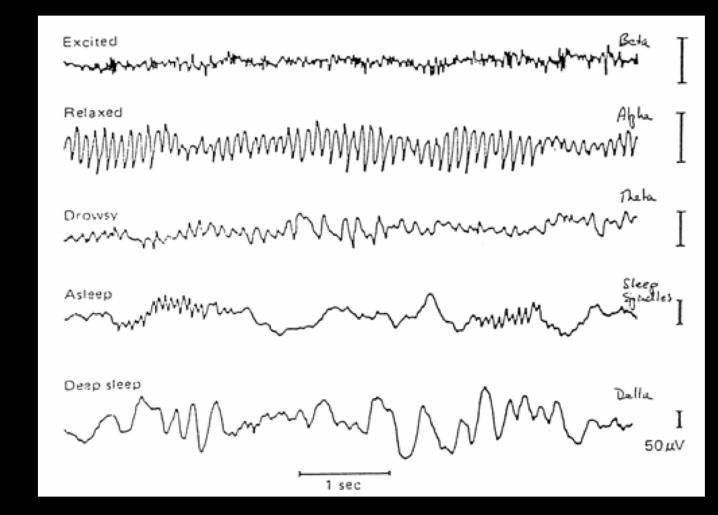
EEG System (what kind, how much)
Caps and Electrodes (how many)
Collection and Analysis Software (\$\$\$)
2 x Computers
Supplies (\$\$\$, cost per participant = wear and tear)

#### An Overview of EEG and ERP Components

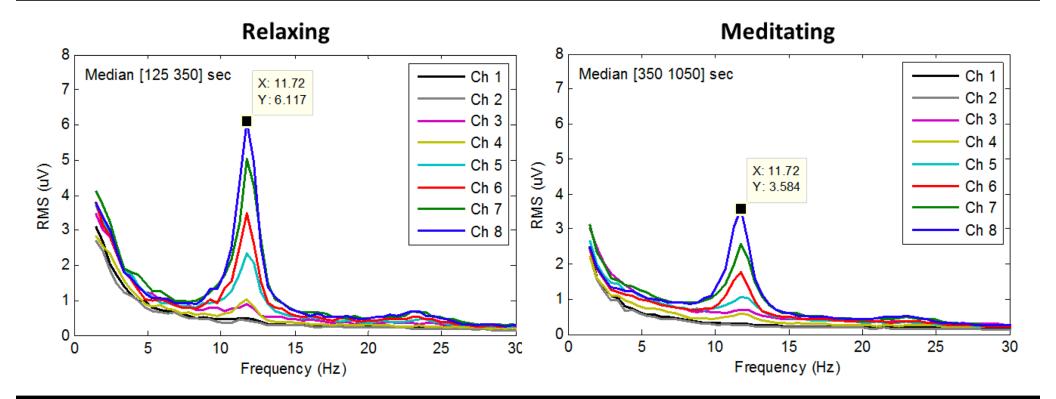
## An Overview of EEG Frequency Bands



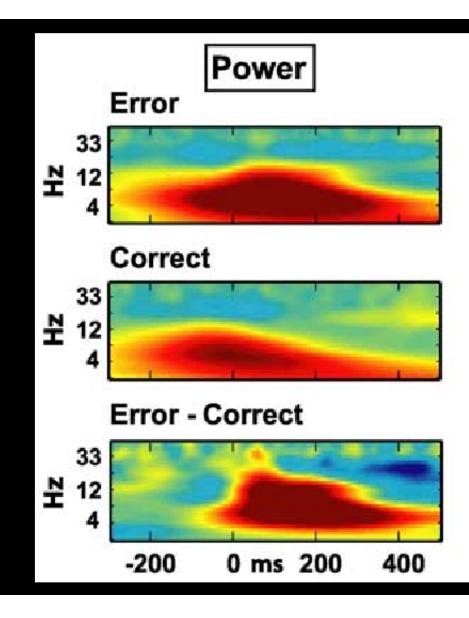
#### Sleep



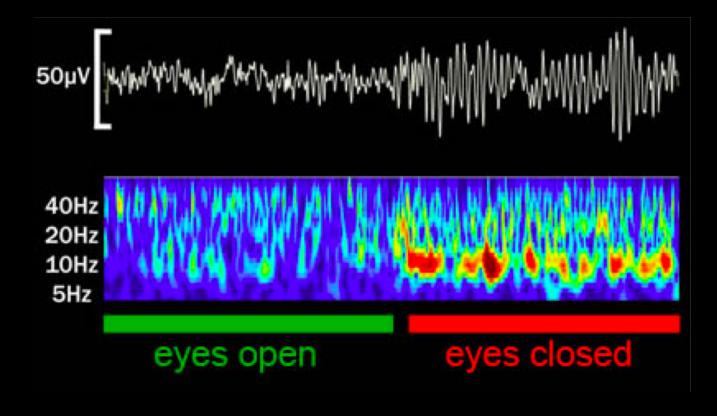
#### Meditation







#### Attention



|                       | Frontal  | Posterior   |
|-----------------------|--|---|
| Delta<br>0.1 to 3 Hz  | Increases Following Sleep Deprivation  | Reward (Gain)<br>Reward Magnitude                                 |
| Theta<br>4 to 7 Hz    | Cognitive Control<br>Reward (Loss)   | Memory Retrieval<br>(increases the more an item is<br>remembered) |
| Alpha<br>8 to 12 Hz   | Left: Approach System<br>Positive Affect / Motivation<br>Right: Avoid System<br>Negative Affect / Motivation | Attention<br>Decrease = Concentration<br>Increase = Relaxation    |
| Beta<br>13 to 30 Hz   | Working Memory<br>Outcome Evaluation   | Semantic Memory Processing  |
| Gamma<br>31 to 100 Hz | Higher Level Consciousness<br>Cortical Synchronization   | Correlates with Behavioral<br>Measures                            |

## Summary

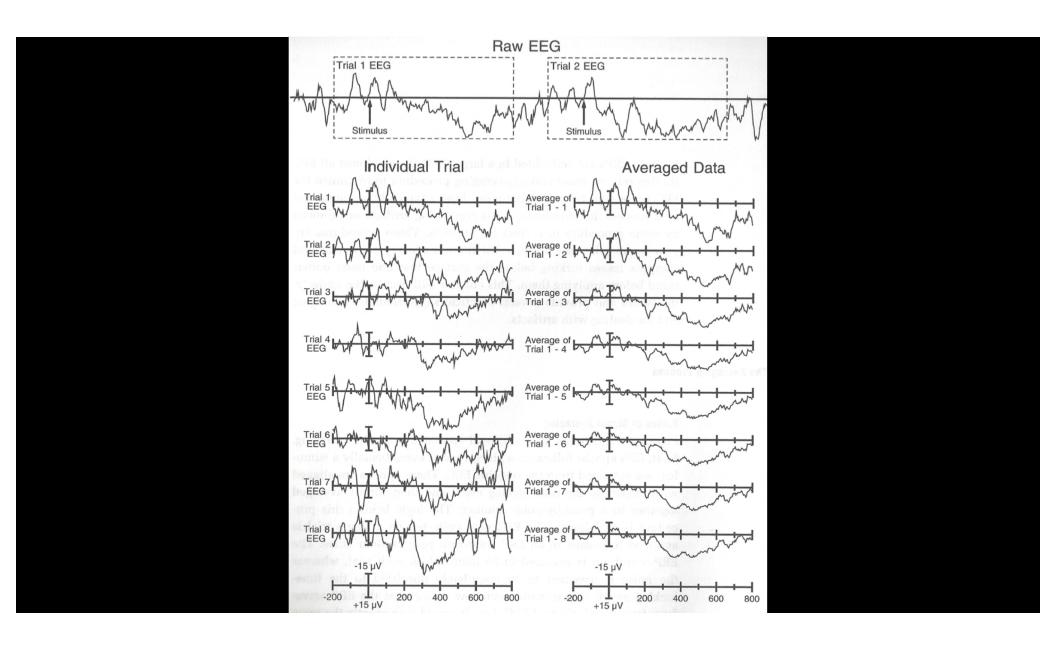
#### There is a large body on EEG frequency bands.

## The research is not conclusive, and is frequently at odds with itself.

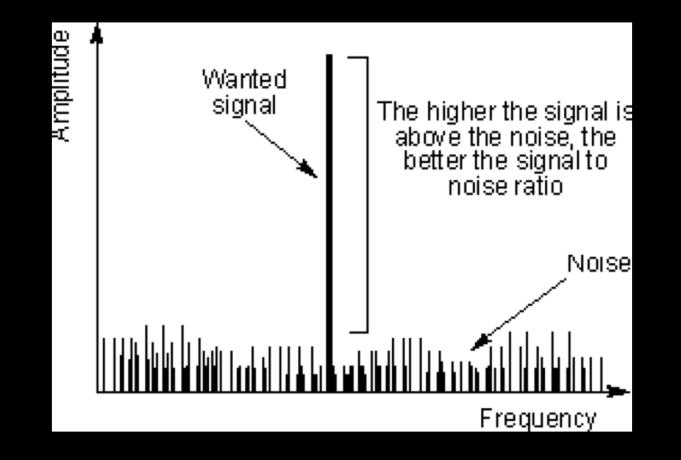
More is known about ERP components.

## An Overview of ERP Components

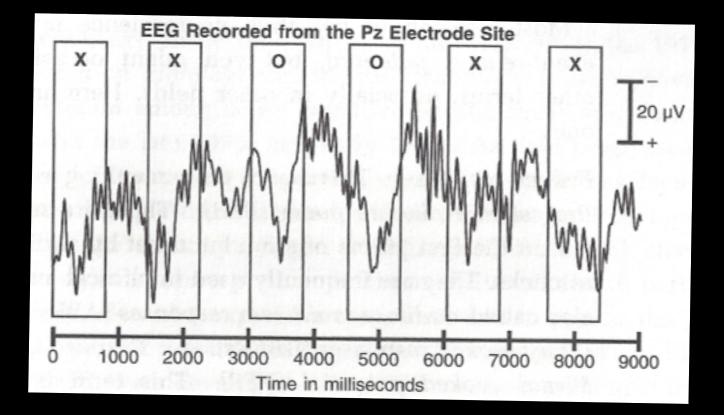
## What is an ERP component?

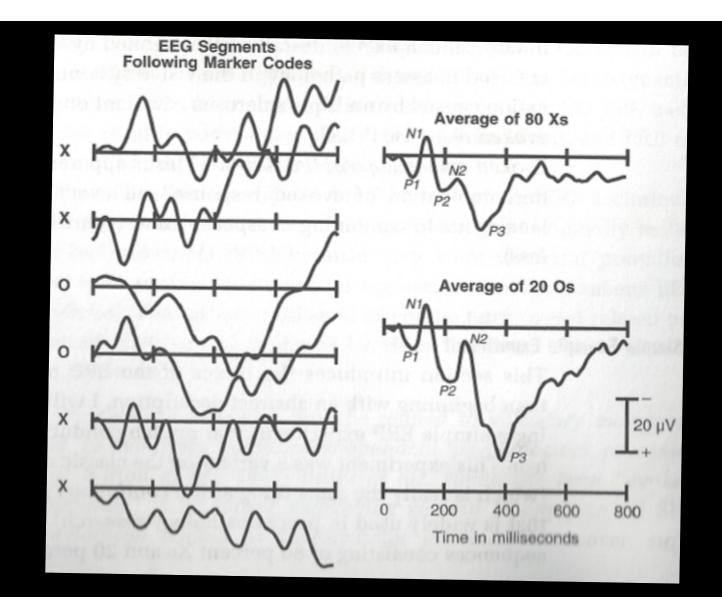


## Signal to Noise Ratio



# How do we typical improve SNR in neuroimaging?

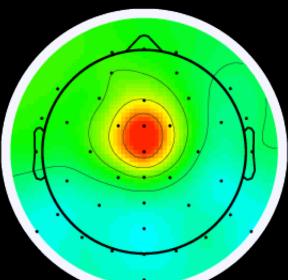


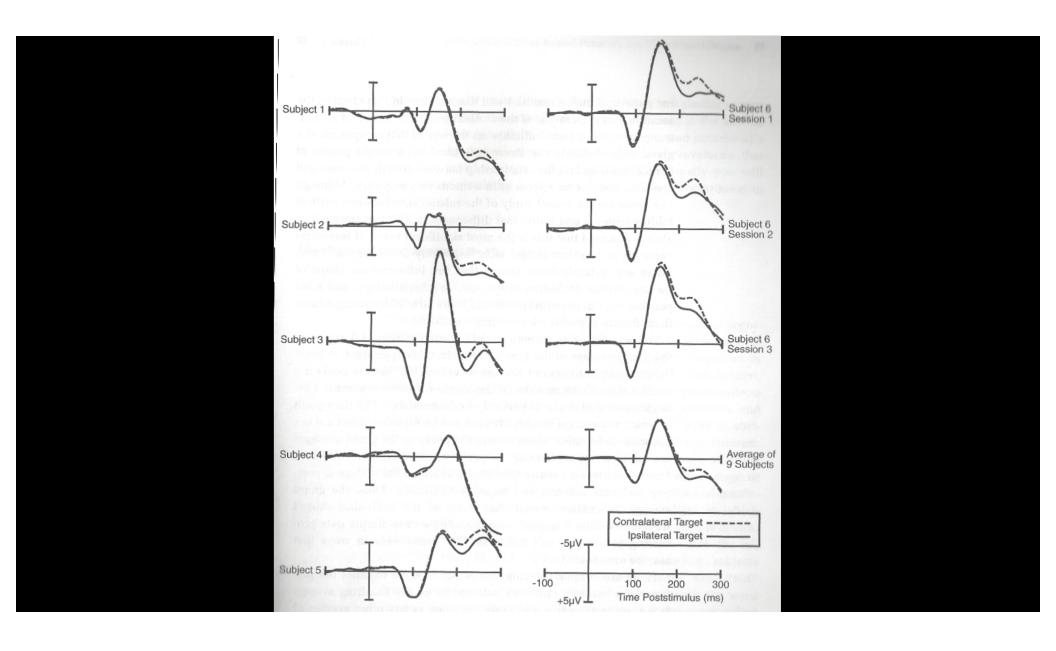


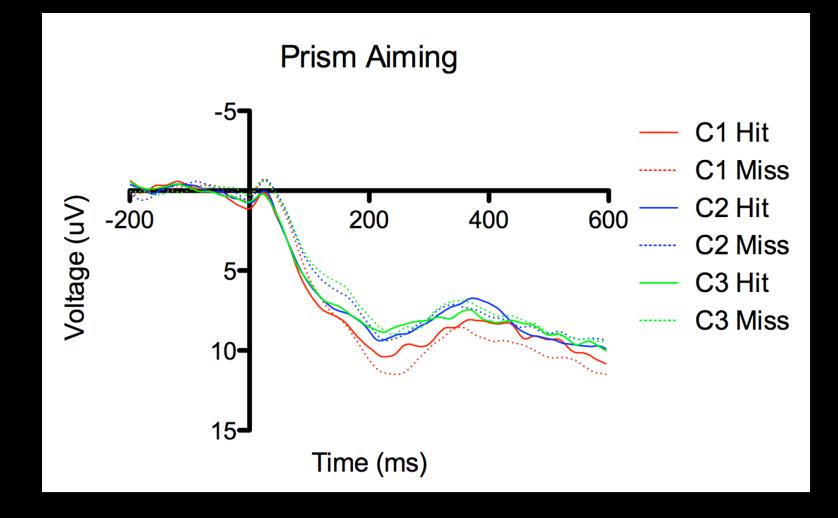
#### **Component Definition**

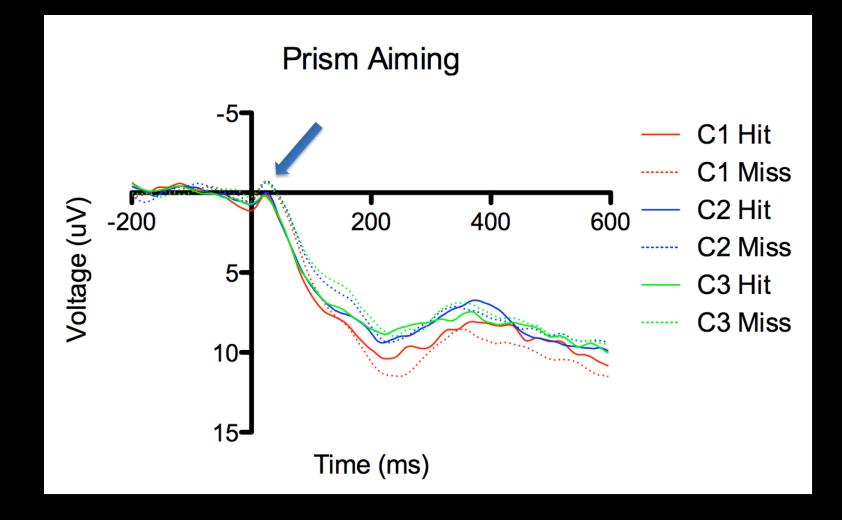
ERP Components have:

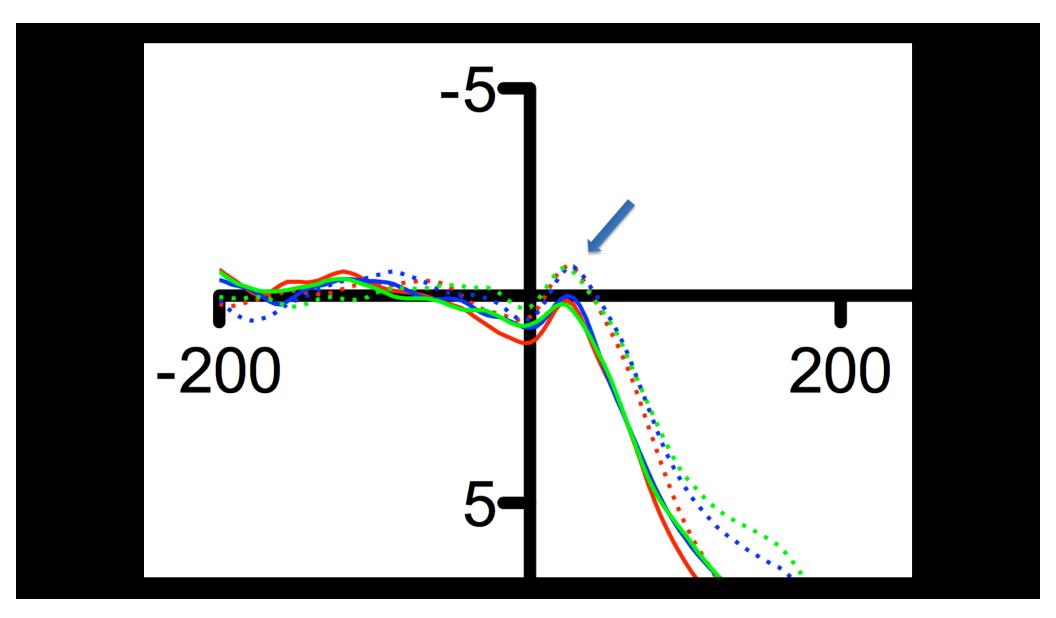
A Polarity (e.g., N200, P300) A Timing (e.g., 200 to 300 ms) A Scalp Topography

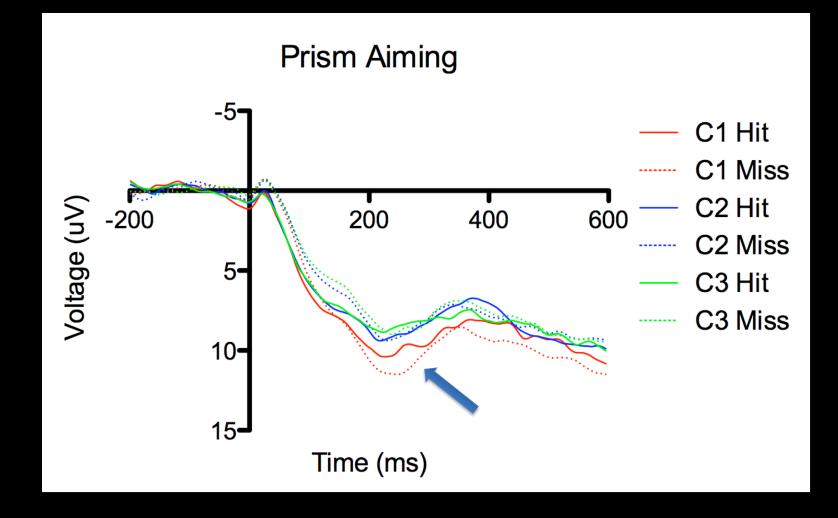


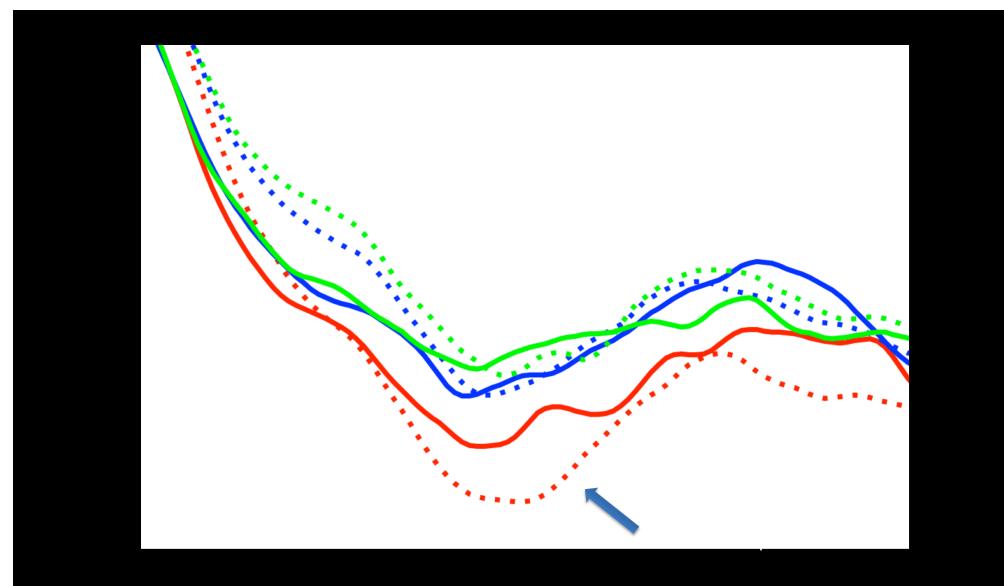




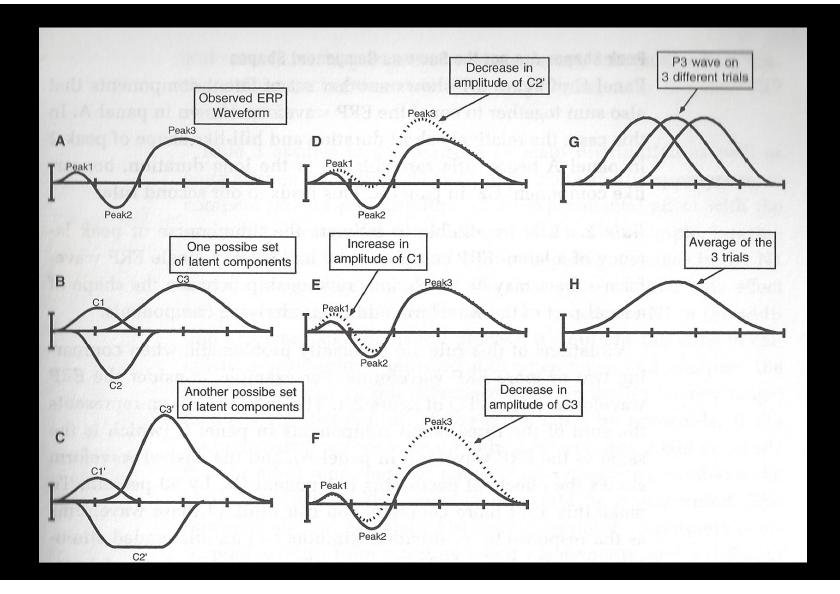


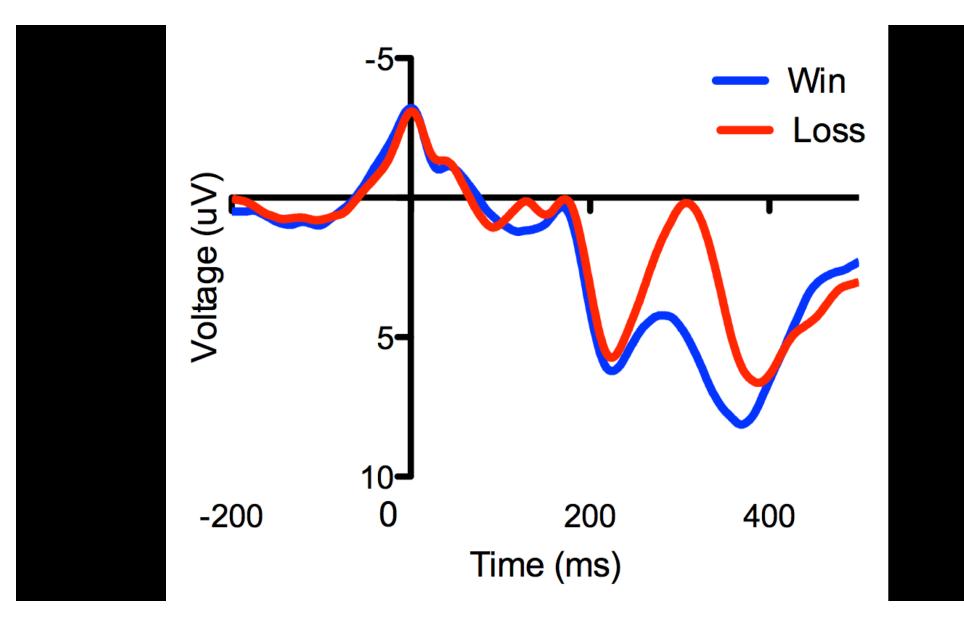


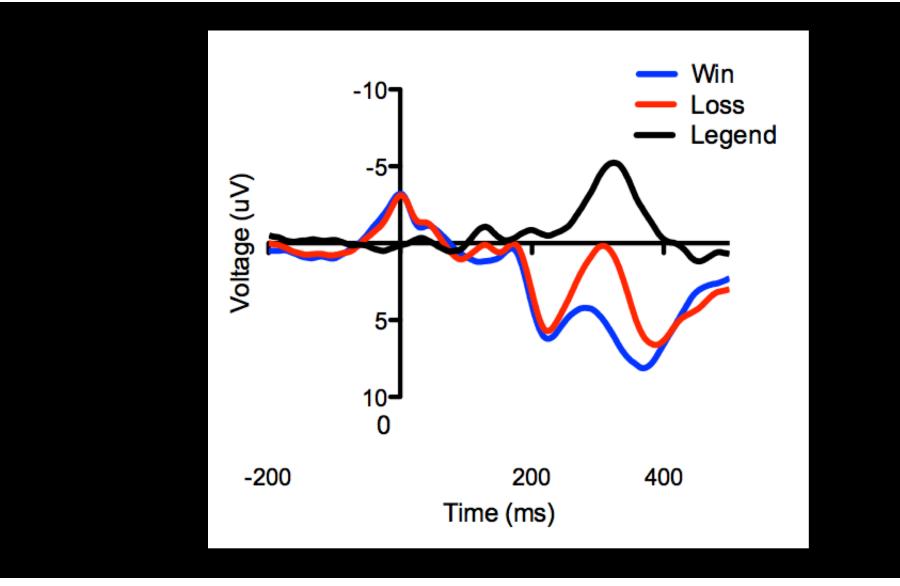


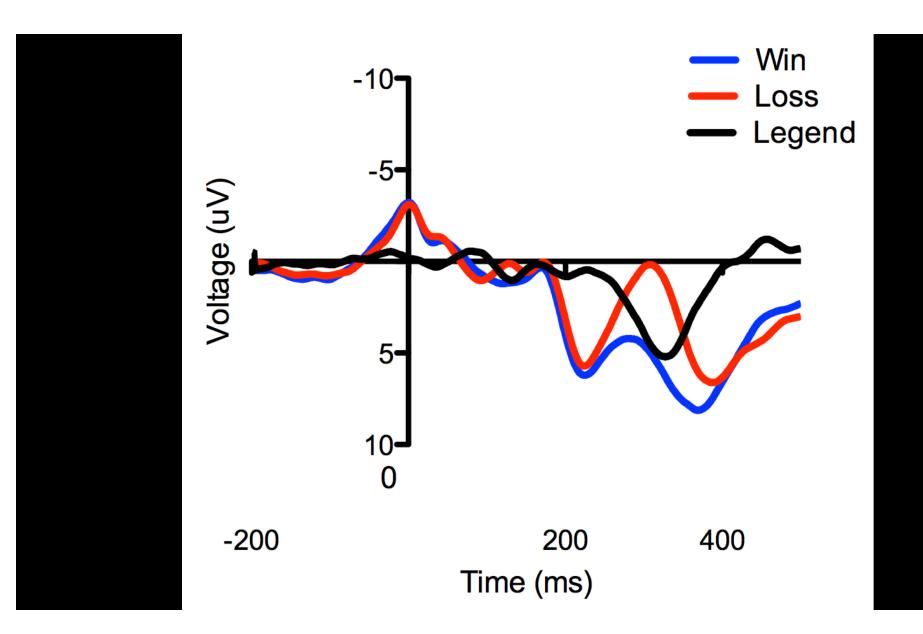


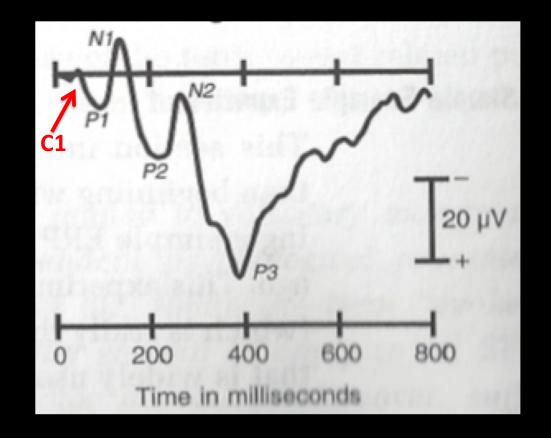
Components on Conditional Waveforms?





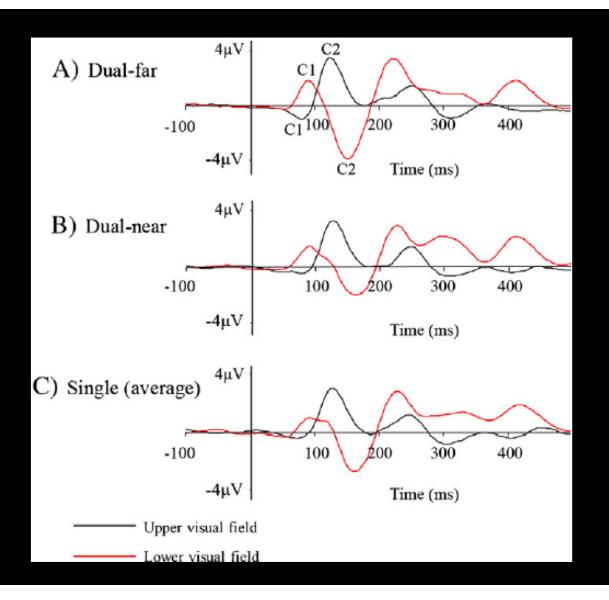


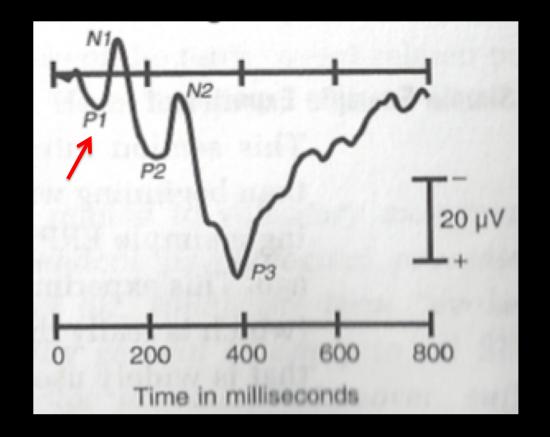




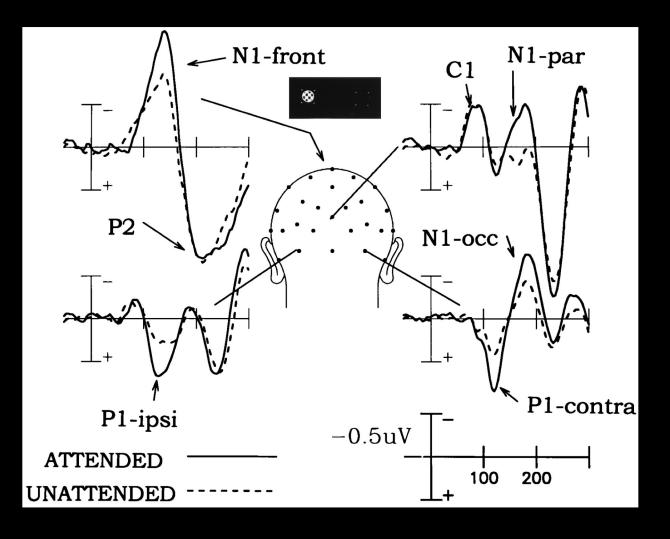
C1

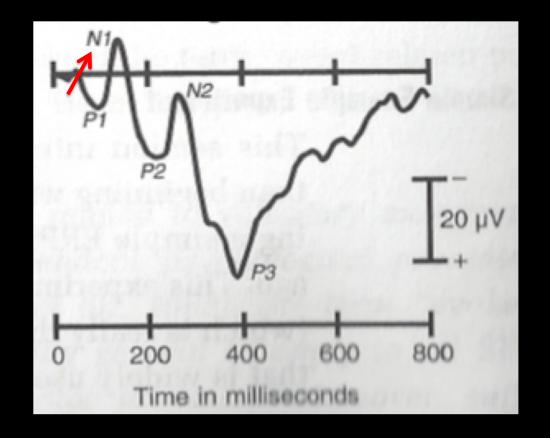
Posterior Midline
Reflects processing in V1
Polarity varies on stimulus parameters and stimulus location, thus "C"
Can summate with P1
Starts 40 to 60 ms post stimulus
Peaks 80 to 100 ms post stimulus
Hard to see





- P1 Lateral Occipital Electrodes
  Early visual areas: V3, V4\*
  Starts 60 to 90 ms post stimulus
  Peaks 100 to 130 ms post stimulus
  Sensitive to:
  - **Stimulus Parameters**
  - **Spatial Attention**

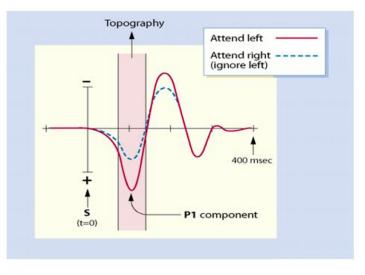


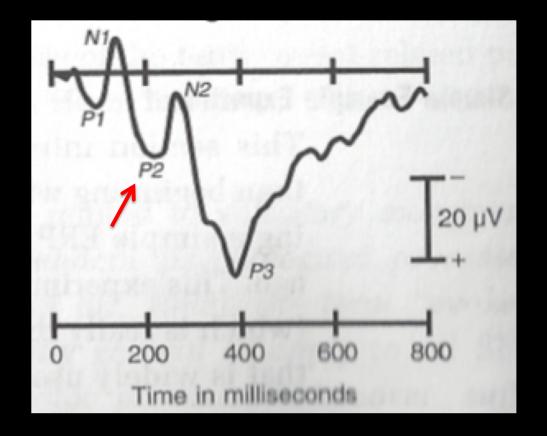


 N1 Lateral Occipital Electrodes
 Early visual areas: V3, V4\*
 Follows P1
 Peaks 100 to 200 ms post stimulus
 Has both early and late components
 Early N1 spatial attention, later N1 stimulus categorization (N170)

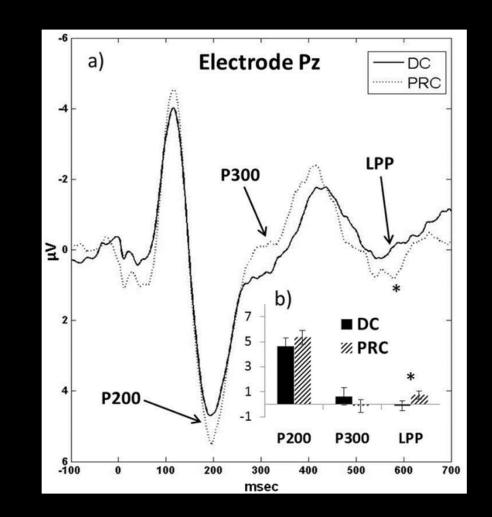
#### Does Visual Attention Modulate Visual Evoked Potentials?

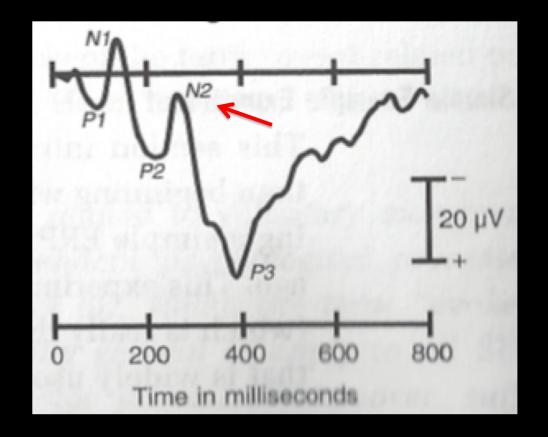
- Result: several components of the visual ERP are modulated by attention
  - P1 and N1 are larger for attended relative to unattended stimuli



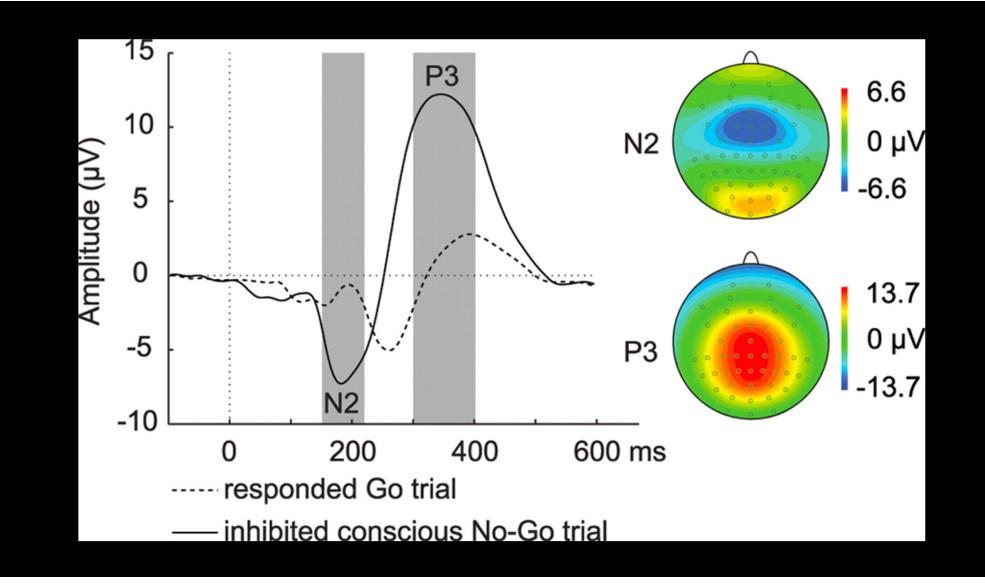


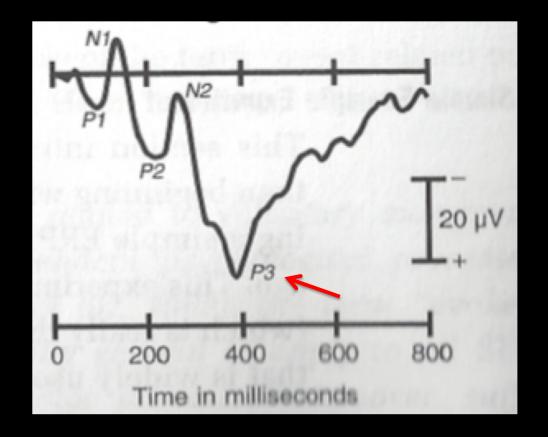
P2 Anterior and Posterior Components
 Prior to N2, but sometimes not seen
 Sensitive to a variety of stimulus
 parameters and task properties
 Not well studied



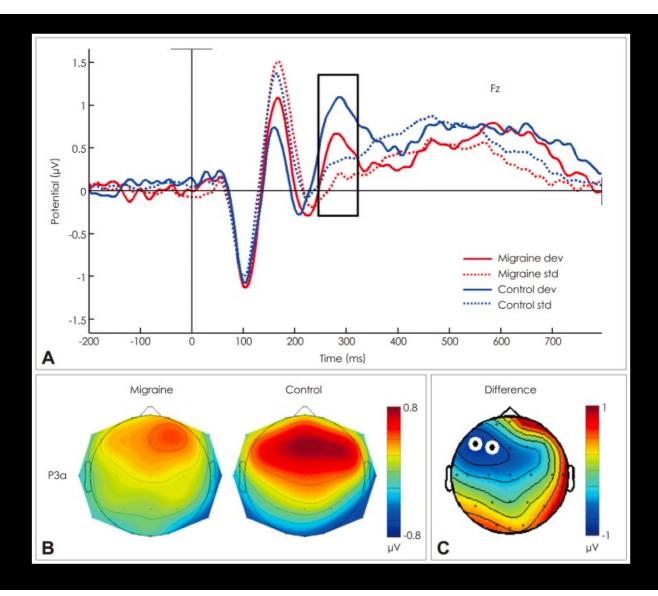


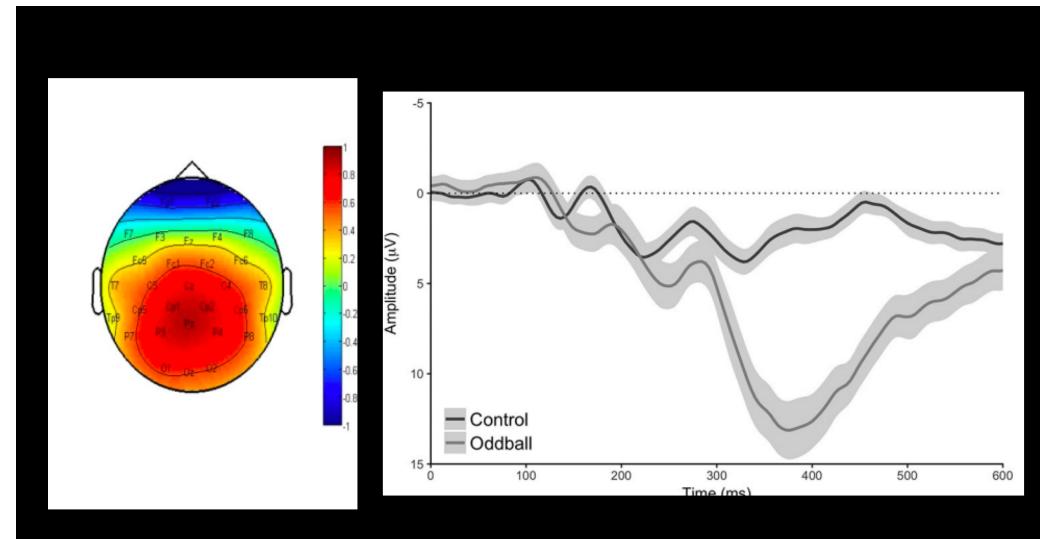
- N2 Anterior and Posterior Components
   Follows P2, but sometimes not seen
   Sensitive to a variety of stimulus
   parameters and task properties
  - stimulus frequency
  - reward processing
  - N2a "mismatch negativity"
  - N2b stimulus deviation
  - N2pc attention





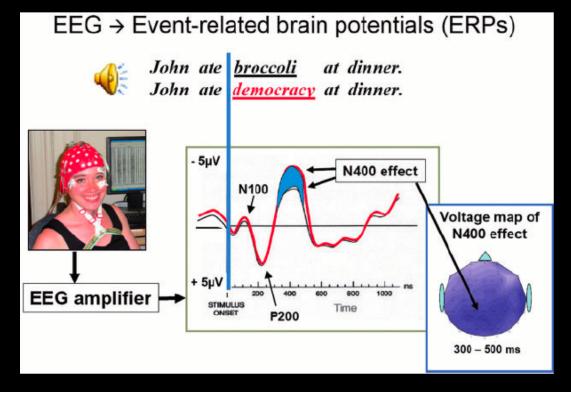
P3 Anterior and Posterior Components Follows N2, latency can be quite late (600 ms) - P3A (frontal) novelty - P3B (posterior) context updating LC-NE "cognitive processing"



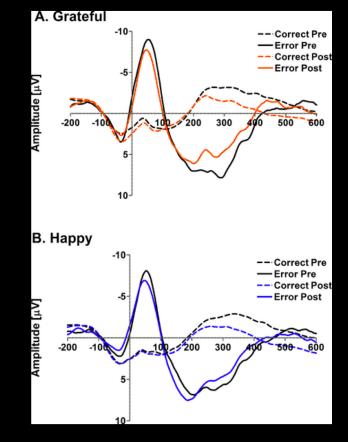


N4

#### Semantic violations

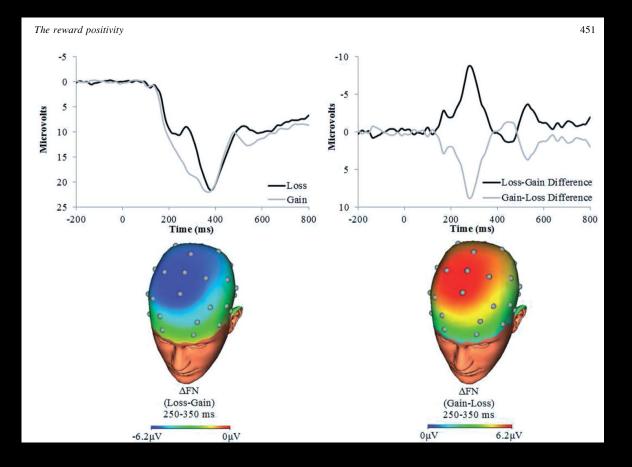


- ERNResponse Errors
- Pe Error Positivity



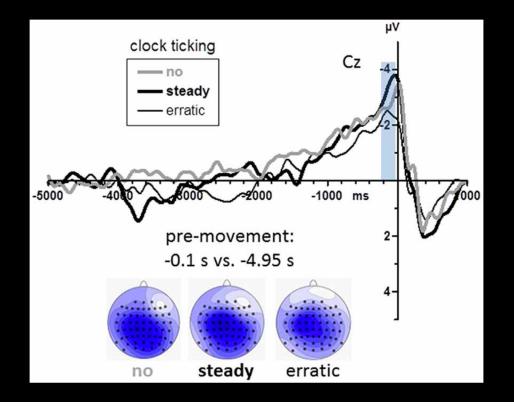
#### FRN

Error Feedback (FN, MFN, fERN) Reward Positivity Mirror inverse of above (RewP)

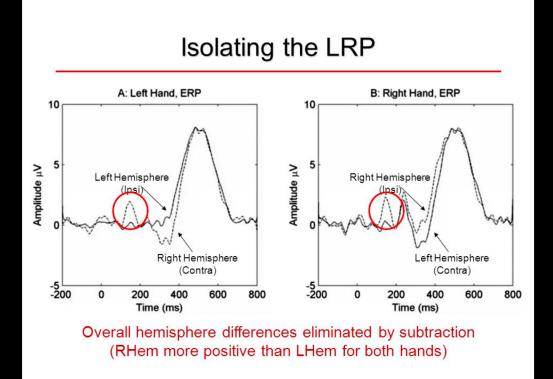


Bereitschaftspotential

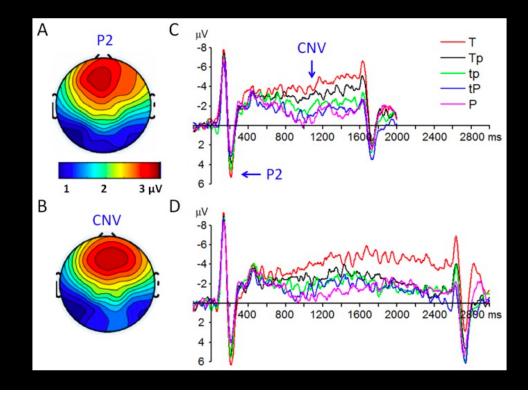
BP

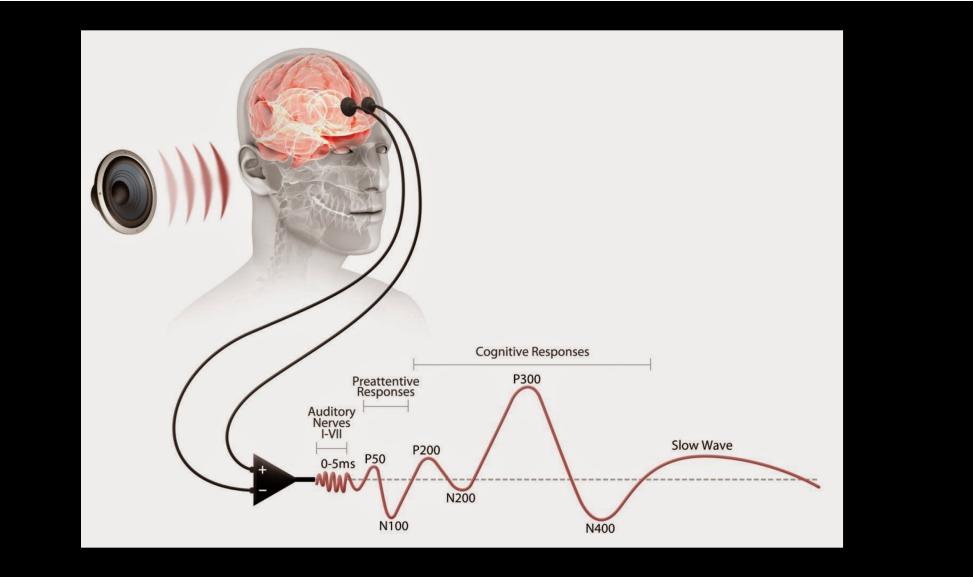


#### LRP Lateralized Readiness Potential

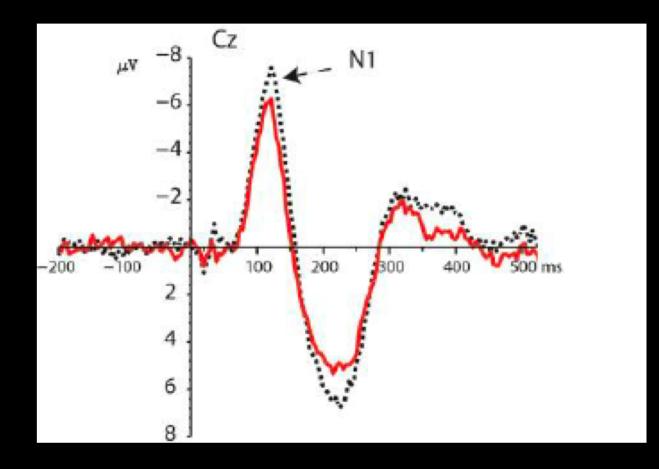


#### **CNV: Expectancy**

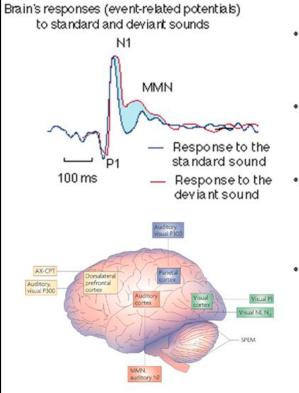




Auditory N100 to Attended Targets



#### ERP Components –Mismatch Negativity (MMN)



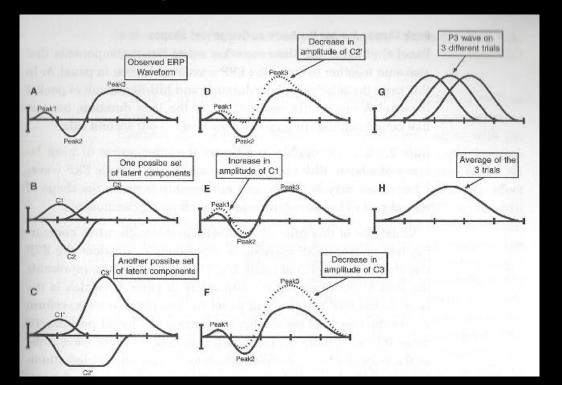
- observed when subjects are exposed to a repetitive train of identical stimuli with occasional mismatching stimuli
- negative-going wave that is largest at central midline scalp sites and typically peaks between 160 and 220 ms.
- Several other components are sensitive to mismatches if they are task-relevant, but the MMN is observed even if subjects are not using the stimulus stream for a task
- thought to reflect a fairly automatic process that compares incoming stimuli to a sensory memory trace of preceding stimuli.

# Rules for Experimental Design and ERP Data Collection

(Luck, 2014)

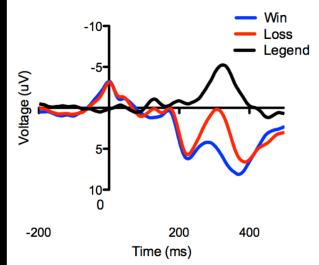
### Rule 1

Peaks and components are not the same thing. There is nothing special about the point at which the voltage reaches a local maximum.



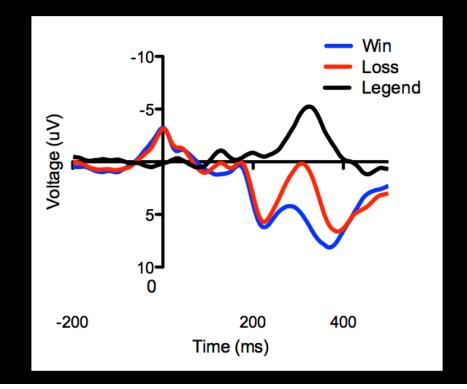
#### Rule 2

It is impossible to estimate the time course or peak latency of a latent ERP component by looking at a single ERP waveform – there may be no obvious relationship between the shape of a local part of the waveform and the underlying components.

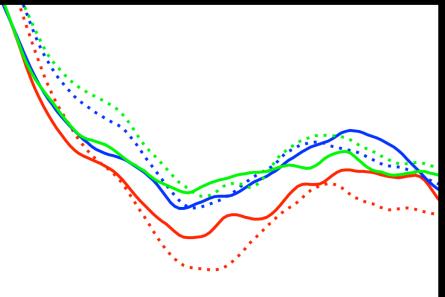


#### Rule 3

It is dangerous to compare an experimental effect (i.e., the difference between two ERP waveforms) with the raw ERP waveforms.



Differences in peak amplitude do not necessarily correspond with differences in component size, and differences in peak latency do not necessarily correspond with changes in component timing.



Never assume that an averaged ERP waveform accurately represents the individual waveforms that were averaged together. In particular, the onset and offset times in the averaged waveforms will represent the earliest onsets and latest offsets from the individual trials or individual subjects that contribute to the grand average.

Whenever possible, avoid physical stimulus confounds by using the same physical stimuli across different pychological conditions.

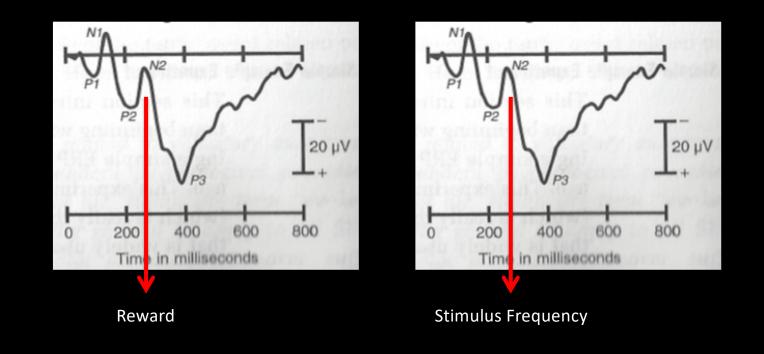


IV = Gender

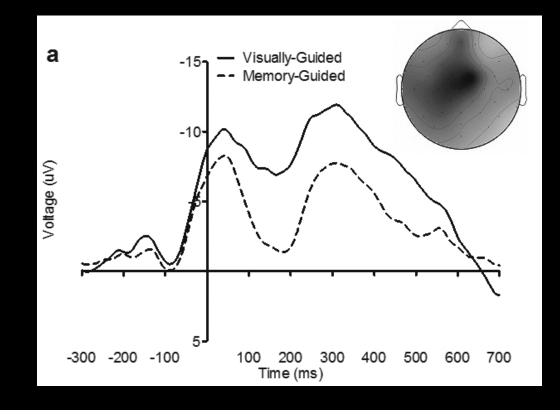
When physical stimulus confounds cannot be avoided, conduct experiments to assess their plausibility.



Be cautious when comparing averaged ERPs that are based on different numbers of trials.

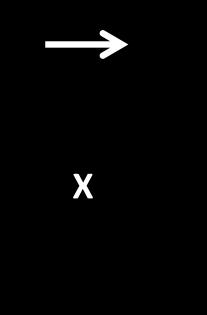


# Be cautious when the presence or timing of motor responses differs between conditions.

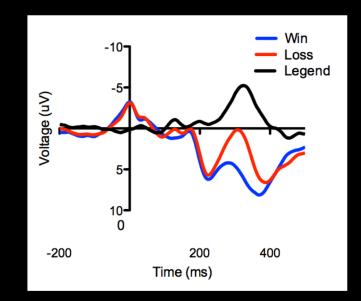


Whenever possible, experimental conditions should be varied within trial blocks rather than between trial blocks.

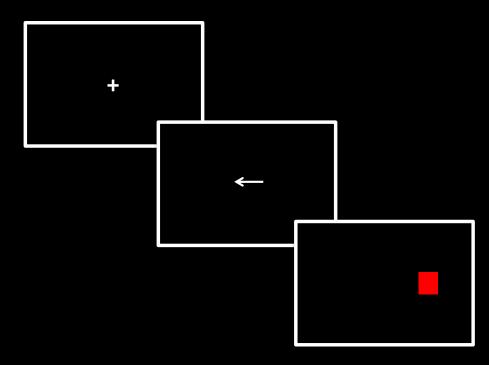
# Make sure that any given stimulus only conveys a single piece of information if possible.



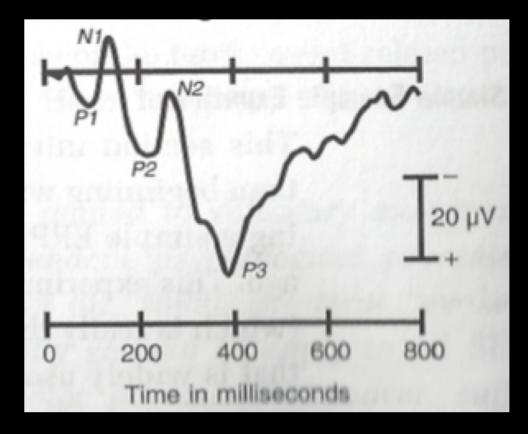
#### 1. Focus on a Specific Components



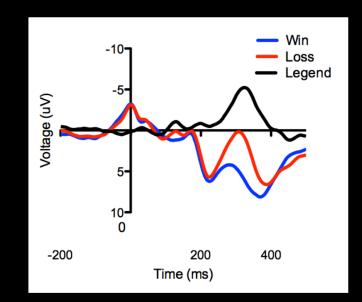
#### 2. Use Well Studied Experimental Manipulations



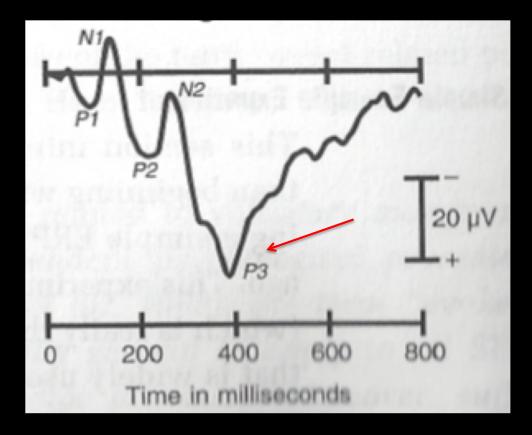
#### 3. Focus on Large Components



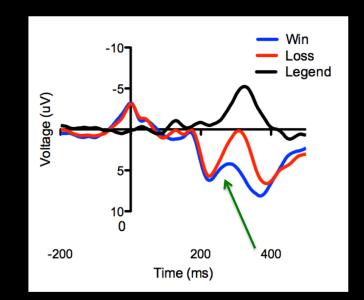
#### 4. Isolate Components with Difference Waves



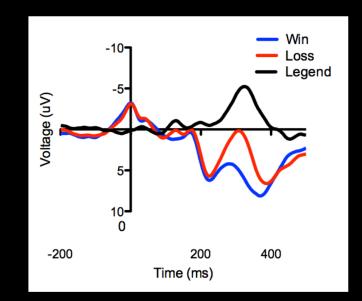
#### 5. Focus on Components that are Easily Isolated



#### 6. Component Independent Experimental Designs



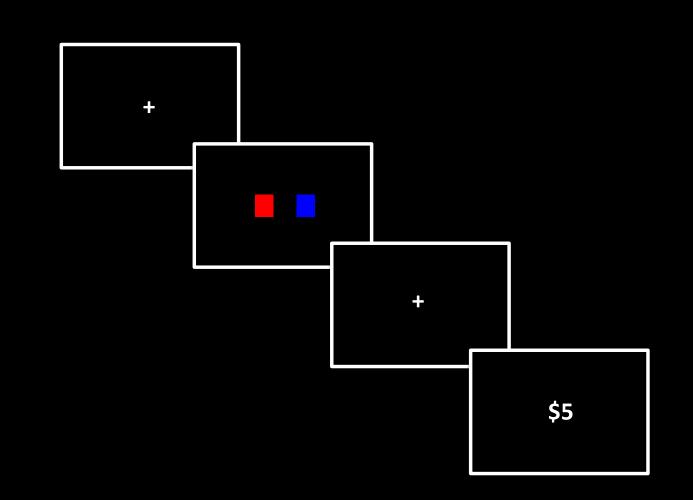
#### 7. Hijack Useful Components from Other Domains



## 2c. A Typical ERP Experiment

## Krigolson et al., 2013

We wanted to run the two arm bandit, but make it learnable. Why? We wanted to see if cues would acquire values with learning. But, there are a lot of problems with this. Consider the original design idea...



## Some other problem situations...

## The "Tanaka" Principle

## "You cannot ERP every behavioral experiment"

You want to have participants read text, what is the problem?

You want to use a video clip as a stimulus, what is the problem?

You want to study voluntary movements that are self-paced, what is the problem? You want to look at the ERP response to a stimulus, but want to use a subsequent response to separate the stimuli into different bins... Activity (Time Permitting)

Design an EEG / ERP Study