An Introduction to Neuroscience

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October 4th, 2023 Week I: Neurons Condition: Amyotrophic Lateral Sclerosis (ALS) **Topic:** Neurons **Technique: Single Unit Recordings October 11th, 2023** Week II: Sensory Perception **Condition: Phantom Limbs** Topic: Proprioception and Audition Technique: Functional Imaging October 18th, 2023 Week III: Vision Condition: Aging **Topic:** Vision Technique: Electroencephalography October 25th, 2023 Week IV: Motor Control Condition: Parkinson's Disease **Topic: Movement Planning and Control** Technique: Transcranial Magnetic Stimulation November 1st, 2023 Week V: Attention Condition: Neglect **Topic:** Attention **Technique: Patient Studies** November 8th, 2023 Week VI: Memory Condition: Alzheimer's Disease

Topic: Memory

Technique: Optical Imaging

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<u>Me</u> Formal Training Expertise Style <u>Disclaimers</u> Knowing Everything Scope of Course BS in the Media Dr. Phil Pace of Research

Lecture Format

- 1. Clinical Issue (relevant to topic)
- 2. Topic
- 3. Technique

Topic One: Neurons

Lecture 1A: Amyotrophic Lateral Sclerosis

What is amyotrophic lateral sclerosis?

It is a progressive neurological disease that affects the control of muscle movement due to its damaging affects on motor neurons in the spinal cord and the brain



Significance of the Name of this Disease

- A-myo-trophic comes from Greek
- "A" = no/negative
- "myo" = muscle
- "trophic" = nourishment
- "No Muscle Nourishment"
- Lateral = defines location of the nerve cells that signal and control the muscles
- Sclerosis = scarring and hardening in the degenerating region

Other common names for this disease:

- Motor neuron disease
- Charcot's disease
- Lou Gehrig's disease

Nature and Characteristics of ALS

- Forms:
 - Two types of ALS:
 - Sporadic no family history
 - Familial family history/background
 - 90% of the known cases are sporadic

Who Gets ALS?

- According to the ALS CARE Database, 60% of the people with ALS in the database are men and 93% of patients in the database are caucasian
- Normally occurs in people between 40 to 70 years of age

– Also can occur in people in their 20' s and 30' s

Mechanism of ALS

- starting point is a mutation of Chromosome 21 (also suspect in many other conditions, probably the most common being Down's)
- Most Common: the mutation changes the SOD1 gene/protein (currently over 21 "types of ALS" though)
- SOD1 change results in superoxide radicals not being neutralized
- The radicals "attack" the motor neurons and degrade them (many effects here – inflammation? overexcitation?)
- Muscles are not able to be stimulated

Symptoms of ALS

- First signs and symptoms (frequently overlooked)
 - Twitching and cramping of muscles (especially in hands and feet)
 - Stiffness
 - Weakness (especially in hands, arms and legs)
 - Slurred speech



Picture taken from the National Institute of Aging

Symptoms continued . . .

- Later signs and symptoms:
 - Difficulty chewing and swallowing
 - Shortness of breath
 - Muscle weakness due to wasting away of muscles
 - Causes muscles to become smaller
 - Respiratory failure
 - Paralysis



Picture from the ALS Association

This picture from the Neuromuscular website shows the wasting away of a person's hands and arms



Symptoms, or patterns of symptoms, are not the same for each ALS individual

- However, progressive muscle weakness and paralysis are universally experienced
- Since ALS attacks only motor neurons, the sense of sight, touch, hearing, taste, and smell are not affected
- Patients usually only live 3 to 5 years after they are diagnosed
- There are some cases; however, where individuals have lived 10 or more years

Diagnosing ALS

- 5,600 people in the US are diagnosed with ALS each year (about 700 in Canada)
- ALS is a very difficult disease to diagnose

Lecture 1B: Neurons





Human Brain:86 billion neurons0.15 quadrillion nerve synapses (million x billion)











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The Neuron as a Detector













Other Types of Neurons







Layers of Detectors









































Lecture 1C: Techniques



Auditory Nerve (same CF)



Nature Reviews | Neuroscience



